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Autumn 2026

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Tresillian Defibrillator Equipment

There are two NHS defibrillators in the village; One on the wall between Mary's Pasty Shop and the Petrol Station and one at the Methodist Chapel. Instructions for releasing them are on a plaque beside the defibrillators, when activated and in use clear audio instructions are given to you by the machine.

Telephone 999 first to report the incident, *then* follow instructions to release and use the equipment.

In memory of Philip Buddell, who was the lead person to bring defibrillator equipment to our village.

Probus Surgery Medical Prescriptions

Prescriptions may be left and collected at Mary's Pasty Shop as well as Probus Surgery and other sites.

TRAM is published by The Tresillian Residents Association and distributed via the services of Tresillian Village Website www.tresillianvillage.co.uk hosted on servers Powered by 100% Renewable Energy.

Front cover photo: © Copyright: Keith Littlejohns, taken at RHS Garden, Wisley.
As the year reaches its autumnal phase gardeners and allotment holders will be busy harvesting their seasonal produce.

Diary at a Glance

Organisations

Weekly

Tiddlywinks for young children and their carers. Fridays between 10 and 12 pm at the Methodist Chapel £2.50. Check Methodist Chapel page in this magazine for latest details, and/or with the Methodist Chapel.

Community Larder - Thursdays, alternating between 10-11am and 5pm - 6pm at the Methodist Chapel. Check Methodist Chapel page in this magazine for latest details, and/or with the Methodist Chapel.

Fortnightly

Arty Afternoons - Returned in September at the Methodist Chapel. Check Methodist Chapel page in this magazine for latest details, and/or with the Methodist Chapel.

Monthly

The **mobile Library** van usually stops at Heron Close, Tresillian between 2:10 and 2:30 p.m. (See advert in this magazine for latest calendar dates and/or their Facebook page.)

Please see Mobile Library advert for request to library users to send letters of support as an effort to save this valuable service from closure.

October

See also Weekly, Fortnightly and Monthly above.

November

8th November, 10.45 a.m. Remembrance Sunday service at The Paying Field War Memorial.

See also Weekly, Fortnightly and Monthly above.

December

Playing Field Christmas lights switch on will be on 13th December, which is our 100th Anniversary!

See also Weekly, Fortnightly and Monthly above.

Tresillian Residents Association and TRAM Magazine

Email address: tram@tresillianvillage.co.uk

TRESILLIAN RESIDENTS ASSOCIATION was formed in 1968, although no longer meeting its long running magazine is still available to all residents of the village and surrounding districts, friends and associates of our community as a free on-line magazine. Should you wish to advertise your business or organisation for a modest fee, used to cover production/web delivery costs, see Keith's details below.

THE TRESILLIAN RESIDENTS ASSOCIATION AND TRAM IS NON-SECTARIAN AND NON-PARTY POLITICAL.

TRAM is published quarterly by the association, usually in March, June, September and December. If you sign up for the on-line magazine on the tresillianvillage.co.uk website you will be advised via email when the latest version is available for download from the website.

ARTICLE COPY FOR PUBLICATION IN TRAM

Reports on recent activities of village groups and organisations, notices of forthcoming village public events, articles of local interest such as - nature observations in and around our local area - interesting facts about our local area history/environment, and suggestions to the Editor about subject matter you would like to see published. All of which should be sent to The Editor at the email above.

Please submit any items before November 30th for inclusion in the December 2026 issue.

Opinions expressed in any article appearing in the TRAM are not necessarily those of the production team. The production Team reserves the right to publish or withhold any article etc. submitted to it.

TRAM MAGAZINE TEAM

Editor: Lesley Jones, 15 Heron Close **Tel:** 01872 520568 **Email**: tram@tresillianvillage.co.uk

Features Editor: Mark Forster, 2 Pendarves **Tel**: 07521 262 487 **Email**: tram@tresillianvillage.co.uk

Graphic Production and Digital Distribution (via Tresillian Village Website):
Keith Littlejohns, 26 Heron Close **Tel**: 07521 000 968 **Email**: tram@tresillianvillage.co.uk
Keith is also our **Advertising Manager** for all advertising enquiries.

Tresillian Residents Association Magazine (TRAM) Web Information

Since 2020 TRAM Magazine has only been published online exclusively via the Tresillian Village Website.

Due to dwindling house to house delivery volunteers, and not withstanding COVID-19 safety, plus ever increasing printing and paper costs TRAM is no longer viable in a paper printed form. A major advantage of web publishing has been the wider potential audience plus the use of high resolution colour throughout the entire magazine.

We will need your email address and your full Name so that we can notify you instantly when the magazine is available on the website to view on your smartphone, pad or computer.

To comply with GDPR you will need to become a subscriber to the website. This is free and easy to do by visiting www.tresillianvillage.co.uk to enter your details in the Subscribe box in the right hand pane. You can unsubscribe at any time.

There are now greater that ever opportunities for advertising your business in the Magazine. For further info and exceptionally reasonable rates please email us at tram@tresillianvillage.co.uk using 'Advertising' as the subject .

For all general email enquiries you can also contact us at tram@tresillianvillage.co.uk using an appropriate subject to

Ed's Ramblings

By Lesley Jones

Well, what an unusual interesting days over at Falmouth with the huge bomb in the dock yards (250 lbs) and the response to the people living there, having to move out for safety purposes.

What happens ? every one walks over to take photos!

I thought the I should get in touch with my cousin in Camberley in case she was worried that we were at Falmouth at that time as we have a BnB near by that area.

Kate suggested that "I could market it as a relaxing venue with an exiting outlook"

She also wondered whether any of us were affected, having seen it on the BBC news page and she mentioned that "they don't seem to been any hurry to blow the bomb up do they"? I told her that the zone ended about 3 doors down to our place.

"Oops, that's a bit close! I've just looked at the online news and apparently there is a "Flurry of activity" in the bay. As in run away! There 's a lot of photos of people standing with cameras along the road as well. It's definitely more of a tourist attraction than a deterrently the looks of it.

"Good Grief , what a way to go I said". and Kate said "Ah, bomb has now been towed out to sea so everyone can go home, excitement over. Now what for tea?"

"Obvious it's Bangers and Smash" Says I!

And now, after that bombshell -

The Mobile Library asked our readers to let us provide open letters to be shown to various local councillors and others interested in keeping the service going for all the different areas in Cornwall so that they could see for themselves how important this helps people not only getting books to easy assesses but to also to meet each other. Hopefully this service will continue and I will keep you up to date.

The Royal British Legion have moved out of the Railway Inn and have now moved to Zafios, New Bridge Street, Hopefully this will become a regular venue on Fridays each month.

The Tresillian Walking Group: We are taking a sabbatical until next year due to new knees still breaking in etc. We will start again in the new year.

Tresillian Midi Group - Shirley Anderson has written about the visit from the Coastguard Service and the two officers were very entertaining. See Page 17.

Tresillian Village Hall - Desiree has written about the latest news and updates.

Tresillian Village improvement Group - I must agree that Truro City Parks have produced a wonderful planting for the boat. Maybe we will see the ceramic tiles put on place soon.

Tresillian Village Playing Field Committee

By Helen Nicholson

The Playing Field Party in the Park was a bit different to previous summer fun days so we're very glad many people came along and stayed for the BBQ, games and music. Together we raised £765 which is a very welcome boost to the bank account, particularly as the mower has had to go for repairs and there is some work needed on the trail play equipment. It was great to feature local talent – Banned in Tresillian and their friends.





The committee have also spent some time painting the goal posts and mending the nets – we do know there is one still to finish, but we're busy people. If anyone wants to help out …. Please get in touch! Another maintenance item is to renew the wood on the picnic tables – Cllr Karen Glasson and St Clement Parish Council have given us money for the materials, we just need a bit of people power to get it done.

Christmas lights switch on will be on 13th December which is our 100th Anniversary! Other plans are developing – look out for information on our Facebook page or Whats on in Tresillian.

Helen Nicholson, Chair – Playing Field Management Committee (07791371933)

CORNISH SMITE CHAMPIONSHIPS 2026

The Cornish Doubles Smite Championship was held in September - the weather did not exactly cooperate and ir was pretty challenging conditions through much of the afternoon with persistent drizzle. Numbers were not surprisingly down in those conditions from last year, but there was still a very decent turn out of teams raring to go to claim the title!

The random draw for the groups threw up a real "Group of Death" featuring three teams who had all been World Champions (!!). The top two from each group went through - some groups had four teams, and some had three- (the ones with three played each other twice). In the Group of Death, Joseph & Carne were in the box seats to win the group and knock Ryland and Jack out, but they missed four separate shots to win against them which prompted a three way play off!!





A quick drink and cake break under the gazebos proceeded the Quarter Finals - and it finally stopped raining!! Quarter finals and semi final were hotly contested but the defending Champions, Isaac and Andrew Nicholson faced the World champions, Jack and Ryland Shepherd in the final – having both started in the Group of Death! It was a tight first set but the World champions took control and won the second set to be crowned Cornish Champions for the first time with a 2-0 win!

Despite the conditions, everyone had a good time and we raised well over £100 for the Playing Field and for the Ugandan lad the chapel sponsors through Compassion.

Report by Andrew Nicholson

Tresillian Village Hall Committee

By Desiree Tillgren

Following on from a busy few years concerned with the updating of the Village Hall there are now no further planned capital projects.

The interior decoration has been completed and the exterior front wall of the Hall will be the next phase of re-decoration.

As reported in my previous report, we lost three key hirers over the last year but I'm pleased to say that three others have been welcomed. We also continue to host various events for birthdays or wakes.

The Hallmaster on-line booking system is continuing to work well and is making life easy for all those who use it, be it hirers or the Treasurer.

Our hiring conditions have been updated to ensure that hirers of the Hall have safeguarding policies and procedures in place and I would like to thank David Lean for taking on the role of Safeguarding Officer for the Village Hall Management Committee.

Two members of the Management Committee have indicated that they will stand down at the AGM in February 2027 so we shall be looking for more volunteers to help out to ensure the Village Hall continues to be a successful village asset.

Desiree Tillgren
Chairman

Tresillian Village Hall Management Committee



Mobile Library Dates

The mobile Library van visits every fourth week on a Friday and stops on Heron Close Tresillian between 2:10 and 2:30 p.m.

Your next Friday visit will be :

October 30th

November 27th

January 22nd (2027)



The Mobile Library asked our readers to send open letters to them to be shown to various local councillors and others interested in keeping the service going for all the different areas in Cornwall so that they could see for themselves how important this helps people not only getting books to easy assesses but to also to meet each other.

We have our very own Facebook page @CornwallMobileLibrary where we publish our schedules and any changes/updates to the service. Please stop by and give us a like or a mention!

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Home visits *Beginners welcome*

Tresillian Allotment Association

By Lorraine Sutton

Autumn is on its way, the nights are drawing in and the days are getting shorter, the summer crops, like the runner beans and the courgettes are producing less and slowly coming to the end, the sweetcorn is very nearly ready to pick, along with the squash and pumpkins. We have finished planting the young plants that have been waiting in the wings like brussels, purple sprouting broccoli, leeks, kale and spring cabbage, that will hopefully give us a winter crop and provide us with produce through to early Spring.

The wonderful Summer we have just had, although welcome, bought with it its own challenges, mainly having to water absolutely everything growing on the plots, on a more regular basis and for an extended period of time, this year there were no welcome cooler gaps in the weather for weeks if not months on end.

Having trundled up and down and back and forth to the water tap and lugged roughly 40 watering cans full of water, one very hot afternoon to water the three plots, I did start to question my sanity, and ask myself "What on earth are you doing", my usual answer to myself is, "it keeps me fit, who needs a gym membership when you have an allotment, plus you get the bonus of fresh food to eat," but even this reason was starting to wane and being seriously questioned in the heat.

I was still pondering this question, when my sister Cheryl and I were invited by a Probus chap we know, to have a look around the Probus allotments on Chapel Street, opposite the school, where he and his wife have two plots.

So, one slightly cooler Saturday afternoon we met up with them on their site, where they have two plots, these allotments are run by the Tredenham Trust, it is a lovely site with approx. 50 plots.

There was no water source, apart from water collected on individual plots into water butts. After receiving grants, it now has two bore holes, where water can be pumped up from an underground water source.

Cheryl and I had a lovely afternoon wandering around talking allotment life with all the plot holders that happened to be up on the site, tending their plot, allotment folks are a very friendly bunch. It did however make us appreciate the luxury we have on our site and the water tap that is connected to the mains water pipe.

Having had a demonstration of how the bore hole and pump was operated, this was a keep fit feat in itself, think Indiana Jones and the Temple of doom or old cowboy films where they have to use a pump action to move the flat rail cart to get away from the bad guys, where as, our now much appreciated wonderful tap works more like the karate kid film, switch on, switch off.

The one thing the hot summer has given the plot holders that grew them is a very good supply of outdoor grown tomatoes, one of our plot holders decided to give part of her plot a gothic look this year, probably a nod to her teenage years.

Along with a variety of tomato that produces black fruit, she also planted flowers that had either black or very dark purple flowers, along side vegetables like purple podded dwarf French beans, then nestled amongst the foliage she placed 3 gothic looking gnomes.

Another plot holder has tried and successfully grown a zucchini called Tromboncino, these fruits are yellow and grow long with a bell shape at the flower end, the Kings seed catalogue advises that you harvest them when they are around 30cms long, as the fruits can eventually

grow up to a metre in length, they are very vigorous plants that can either be grown as climbers or can trail along the ground.

Lorraine

Continuing with new variants of usual fare, many folks have tried out different types and shapes of squashes such as little white stars and saxophone shapes

Dave and I were disappointed with our yield of onions this year and we only managed to fill in one sack instead three like last years. However our potatoes were brilliant and this was the best year so far since we have been growing them. Our gooseberries (red and white) are stowed away in the freezer and our carrots are nice and sweet,

Most allotment members only got little and few apples off our trees but this was expected after the bountiful apples that we got last year.

Fruits have grown but a lot of the fruit bushes have produced smaller berries. Blackcurrents and raspberries have done well and our rhubarb has been wonderful but has gone over now for next year and a lot of plotters have been making fruit and veg grow with higher cages covered by careful netting to make sure that birds don't get in and get stuck inside. There were loads of butterflies (mainly Large Cabbage Whites) and we were forced to tie a huge balloon with a scary face on it after a pigeon decided to bombard the cage. We have grown leeks although they are very small this year, cabbages and sprouts without caterpillars with the new cage.

We found the hedgerows had lots of very small berries around our boundaries but too small for pies.

Happy growing every one.

Lesley

Our little allotment site is now in its 13th year, we have 30 plots and most plots measure 10m x 5m and cost £40.00 a year which includes water.

We have, as I write, only 2 vacant plots and have welcomed in recent months 3 new plot holders to the site.

If you would like to take up the allotment challenge and would like either more information or a look around the site, contact

Lorraine Sutton tel: 520609
mobile: 07811886723
email: kernow_suttons@btinternet.com

Lesley Jones tel: 520568
mobile: 07907728753
email: l_jones23@btinternet.com

Here are some photos that I have taken around the allotments.

Scary brasica protector, black tomatoes (also scary) and Barbara's beautiful cosmos not scary.









Tresillian Allotments

Small friendly site with wonderful views of the Tresillian River valley.

There is a mix of novice as well as experienced allotmenteers, and new members wishing to join our community are always welcome - no experience necessary.

We have a good environmental policy and keep the site clear of any ugly 'shanty town' constructions.

There is a locked communal shed to keep your most essential tools.

A stand-pipe water supply.

A pleasant modest orchard/arboretum to relax by with your own picnic chairs when you decide to take a break.

Dedicated plot holder parking is available next to the site.

To find out more details and enquire about plot availability visit the Tresillian Village website Allotment page:

tresillianvillage.co.uk/tresillian-allotment-association

or scan the QR code above

The Tresillian Allotment site is leased by St Clement Parish Council from Cornwall Council and run by the Tresillian Allotment Association

Tresillian Village Improvement Group

By Helen Nicholson and Lesley Dobel

A meeting of the Village Improvement Group was held in July and we covered a wide range of topics with various tasks being allocated to our members.

Once again, Truro City Parks have done a lovely job of planting the boat, which is looking very colourful.

We have been looking for a suitable site to place the ceramic tiles, created by residents of Tresillian, which depict the village and what it represents to its residents, and we are hoping to fix them on the Chapel Wall where the noticeboard used to be.

We are currently in the process of finalising the date with Karen Glasson, our Cornwall Councillor, to do a walk around the village, which will incorporate a meeting of this group.

All this work is carried out by a number of regular volunteers but we'd love to welcome new people as many hands do make light work.

Once again, we would like to thank St Clement Parish Council for their support and also our local councillor, Karen Glasson.

Please watch out for village improvement events on the village website (tresillianvillage.co.uk) as well as the notice board by Mary's Pasty Shop - everyone is welcome - and if you have any ideas for further enhancement of our village, or would like to be involved with our group, then please contact

Helen Nicholson:
helennicholson@resource24.net or
telephone on 01872 520295.

Helen Nicholson and Lesley Dobel



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Feeding Birds in Winter



Photo © Keith Littlejohns

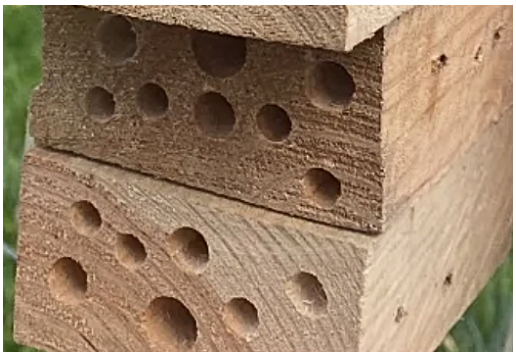
Research has shown a worrying decline in some of our much-loved garden birds due to a disease called trichomonosis. This is a highly contagious disease that can spread rapidly where wild birds gather in large numbers such as at garden bird feeders.

As a result the RSPB recommends generally refraining from feeding during spring and summer, apart from freshly soaked mealworms which are a safe high protein source of food. Clear away any left over mealworms at dusk. Soaking makes it easier for chicks to eat them.

Regular feeding can start again between November and April when natural food is more difficult to come by.

Overwintering Homes for Bees

There are around 270 species of wild bees in the UK. The vast majority are solitary bees, accounting for over 240 species. There are also 24 types of bumblebees, and just one main species of honeybees. Most honeybees are managed in a controlled environment.



The majority of wild bees nest in holes, burrows and cavities in trees, walls, the ground and more, depending on species.

A simple DIY project to make a bee hotel:
Drill a series of holes with diameters of between 2 and 10mm in a block of wood. Drill as deep as you can so the bees can fit in lots of eggs. Tilt the entrances down to prevent rain ingress.

Hedgehog Hibernation

Towards the end of autumn, hedgehogs seek out places to build nests (called hibernacula). Under hedges and roots of trees, piles of brushwood, compost heaps, old rabbit burrows and underneath timber buildings/sheds are favourite places to hibernate. Dry leaves make perfect insulation.



In Britain they usually hibernate during November, December or even January when their core temperature drops from 35C to 10C, or less, and their breathing slows considerably.

When autumn clearing decaying vegetation take special care to look out for any hibernating hedgehogs, especially when using a garden strimmer.

Tresillian Midi Group

By Shirley Anderson

Tresillian Midi Group is thriving and we continue to enjoy our pub lunches on the first Tuesday of each month our meetings in the Village Hall on the third Tuesday of each month – with the exception of October and May when we go out and about and in December when we celebrate Christmas with a hotel lunch.

Since my last report, our June pub lunch was held at Polgooth where there are new publicans but the service and food was similar and enjoyed by everyone.

Our meeting in the Hall in June was a visit by Tom Furse and Bradley Pearn who are officers at the Coastguard Service based at Falmouth. They were excellent speakers – very informative and entertaining – their work is international and they take tasks from practically all over the world as well as their daily reports on Radio Cornwall! Tess proposed a vote of thanks and Beryl won the raffle.



Our July lunch was held at Griggs Restaurant, Sticker, where we always have delicious food and excellent service.

July is our Annual General Meeting which was well attended. The following officers were elected:-

Chair: Ann Winter
Vice-Chair: Ann Staten
Secretary: Shirley Anderson
Treasurer: Beryl Wyatt

Committe Members: Penny Eames, Pat Gluyas, Ann Harris, Gaye Lush.

It was agreed to donate £200 to Cornwall Hospice Care

The business meeting was followed by entertainment by the Songsters of the Emerys Choir, St Austell, which was thoroughly enjoyed by everyone. The Choir and all the members enjoyed a delicious cream together.

We do not meet in August so our new year began with lunch at the Hewas Inn, Sticker, when it was good to get together after our heatwaves!

We held our first meeting for our new year in the Hall when Deborah Sleeman, Police Community Support Officer, gave us an interesting talk on her career and work including the highs and lows of the job. Penny proposed a vote of thanks and the raffle was won by Tina.

Our lunch in October is at the Kings Arms, Tregony, and our meeting is a visit to the Screech Owl and Animal Park. New members are always welcome.

Tresillian's Name Turns Up in Sydney Australia

Researched By Keith Littlejohns - Edited Text From Tresillian North's Website

A baby clinic for parents in Sydney, Australia is named 'Tresillian' which was the home of an emigrant from the village of Tresillian, Cornwall, England.

https://centenary.tresillian.org.au

Tresillian's Centenary in 2018 celebrates one hundred years of history as Australia's leading child and family health service. Formed in 1918, as The Royal Society for the Welfare of Mothers and Babies, Tresillian has supported generations of parents during the early days of their baby's life, providing reassurance and building confidence.

Founded at the Sydney Town Hall, on 4th November, 1918, the Society was a NSW government initiative sparked by soaring infant mortality rates and a desperate shortage of health services for new mothers.

The need for intervention was exacerbated by the First World War, which left many young mothers widowed. In the same period around 58,000 babies lost their lives through poverty, disease and lack of hygiene. The Society's primary aim back then was to make a difference to the high mortality rate of children under the age of five. In 1919 the Society was incorporated by an Act of Parliament in New South Wales. Then in 1921, Queen Mary became the Patron of the Society, until her death in March 1953. On 4th August 1954 Queen Elizabeth II, who had just visited Australia, became the Patron of the organisation.

The Society initially responded to the problems at home with a community education program for parents of small children.

In 1921, Dr Margaret Harper, the first Medical Director led the establishment of an Infant Welfare Training School at 2 Shaw Street, Petersham. It was, in fact a post-graduate training school for nurses wanting to specialise in mothercraft and a home where difficult infant feeding cases could be cared for, and breastfeeding established, where possible. Nurses came from all over Australia to attend. A baby clinic for parents also opened where mothers could bring their baby to be assessed and checked.

'Tresillian' was the name bestowed on the home which was built by Cornish born, Mr Langdon whose family were lumber merchants founding the business of 'Langdon & Langdon' . The palatial Petersham house reflected the Langdon's timbercraft traditions with fine cedar doors, partitions and staircase. During his lifetime, Mr Langdon was an Alderman and Mayor of Petersham. It is thought that he named his home 'Tresillian', as a tribute to memories of his Cornish childhood in the village of Tresillian, Cornwall, England. From then on, the Royal Society for the Welfare of Mothers and Babies became affectionately known as 'Tresillian'. When the Willoughby Centre was purchased in 1927 the name was retained and this Centre became known simply as 'Tresillian North'.

By the mid-1920's the infant mortality rate had fallen to 3% from a peak of over 10% just a few years earlier. As times changed, Tresillian's scope adapted and broadened with specialised nursing, medical and psychological support available on site and across mediums such as the internet and on the telephone.



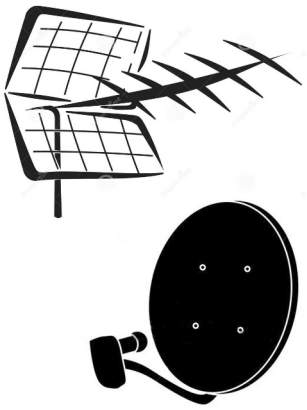
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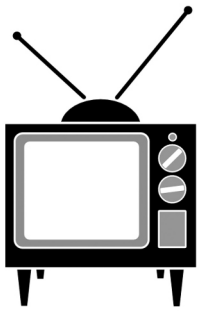
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From The TRAM Archives

From THE COUNTRY GENTLEMAN'S ESTATE BOOK, 10 - 'FARM WORK IN THE OLDEN TIME'

Curiously enough, Gervase Markham takes for his typical day a day about 'Plow-day' which I take it is plough Monday. Certainly not a very cheering time of the year to select for a specimen of the ploughman's day, but Markham seemed to think it all right enough. According to him this was the time of the year in which the farmers of the time - the middle of the seventeenth century - began to fallow or to break up the pease stubble.

Markham's farmers believe in early rising for his ploughman has to be up by four of the clock in the morning, and after thanks given to God for his rest and the success of his labours, he proceeded to the stable and beast house to give his live stock their morning feed. This done and the stables and byres cleaned out, his next care was to rub down the cattle and "cleanse their skins from all filth". The cattle done with, his next care was the horses, which were curried, wisped and wiped over with a cloth. Then horses and cattle were turned out to water, and after they were housed again he gave them some more provender; and it is worthy of notice that pease and beans, oat hulls, clean oats, or garbadge'm which is the hinder ends of any grain except rye, "were mixed " with the straw chopt small amongst it according to the ability if the husbandman is".

After feeding the stock the second time, he has to spend the remaining time before breakfast in making ready his "Collers, harness, treate halters, mullens, and plow geares seeing everything fit and in his due place".

By the time it is six o'clock and breakfast time, and the man who had been hard at work for a couple of hours on a dark winter morning would be quite ready for it. What the farmhouse breakfast consisted of Markham does not tell us but he was a great believer in plain wholesome diet, and the probability is that the farm labourer in those days slaved much as his master and that they all sat down to meals together. Half an hour was allowed for the morning meal, and then another half-hour was allowed for the "gearing and yoaking of his cattell", so that he was able to start ploughing by seven o'clock. These were the days of one yoking - perhaps on account of much of the land lying awkward to the homestead. At any rate our ploughman, having once got his team yoked, was kept at the plough till two and three o'clock in the afternoon. Then, after bringing his team home, he set work to make them all comfortable; "cleaning away all the dirt and filth he shall fodder them and give them meal" By this time it is dinner-time, and for this meal half and hour is allowed. It will then be four of the clocke", says Markham quaintly, "at which time he shall goe to his cattell again, and rubbing them down, and cleansing their stalls, shall give them more fodder: which done he shall go into the Barns, and provide and make ready fodder for all kinds for the next day, whether it be hay, straw, or blend fodder, according to the ability of the husbandman". Having placed this handy for use on the following day, he next proceeds to water and feed the cattell and horses, by which time it is six o'clock and supper time."

But our ploughman's labours are not over even then. Says Markham: "After supper he shall either by the fireside mend shoes, both for himself and their family, or beat or knock Hemp of Flax, or pick or stamp Apples or Crabs, or else grind malt on the quornes, pick candle rushes, or do some husbandly office within doors till it be full eight o'clock". Then of course there was the last foddering to be seen to; after which, say Markham, "giving God thanks for benefits received that day, let him and the whole household go to rest till the next morning."

Plough Monday was the first Monday after Twelfth Day. On this day the ploughmen used to go from house to house, dressed up fantastically, and beg for money for the plough, the said money, of course, being spent in drink.

Originally published TRAM No.9, December 1973

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All services start at 11.15 am and are held at Holy Trinity, Tresillian unless otherwise stated

October

4th 11.15 a.m.Harvest Festival morning worship with Rev Caroline Husband

11th 11.15 a.m. Holy Communion led by Rev Roger Bush

18th 3.00 p.m. The last service of the season at Lamorran when Bishop of St Germans, James Treasure, will be leading a Celtic service with healing

25th 11.15 a.m. Holy Communion led by Rev Brian McQuillen

November

1st 11.15 a.m. Service of Morning Worship

8th 10.45 a.m. A short service to be held at the Memorial in the playground for Remembrance Sunday.

15th 3.00 pm Either Evensong or Holy Communion

22nd 11.15 a.m. Holy Communion

29th 11.15 a.m. Holy Communion for the start of Advent

December

6th 11.15 a.m. Service of Morning Worship

13th 11.15 a.m. Holy Communion

20th 3.00 p.m. Carol Service with mulled wine and mince pies afterwards

24th 8.00 p.m. Christmas Eve communion service

27th No service at Holy Trinity

Everyone is welcome at these services and enjoy coffee/tea and a chat afterwards!

Any queries please contact Churchwarden Claire on **01872 520 198**

Tresillian Methodist Chapel

By Helen Nicholson

September is the start of the year for Methodists – usually not much changes! However, this year saw the arrival of our new minister, Rev Rory Dalgleish. We were very pleased to welcome him to the chapel in September and he's joining us in October and November. Details of our services and who is leading them is on our noticeboard – there is a variety of traditional and informal services so something for everyone. Come and join us any time.

We had a lot of fun at our Rocky's Place holiday club this summer – the chapel was transformed into a fish and chip shop and there were fish crafts, fishy jokes, fishy games, fishy drama and a family evening of fish and chips!









Events at Tresillian Chapel

Arty Afternoons started again on Wednesday 16th of September in the Chapel at 2:00 to 4:00 PM.



It was lovely to get back in the Chapel again and to catch up with friends. Gaye classes stopped for the summer months and we have just started up again for Autumn onwards.

She had given us all some art work to do for this session and we had an amazing pictures, 3D cards such as the four seasons and Paddington Bear cards. This will continue on as we add more to the collection.

Arty Afternoons are great fun and we pay £3. to go to the Chapel for heating and for refreshments.

It doesn't matter how good or bad as we try all sorts of media, just bring pens, pencils water colours, scissors and maybe glue or use the paper and paints that Gaye provides

As the news was all about the Bayeux Tapestry , Gaye decided that it was about time that the Tresillian version should show its face. and so we had The TRE-AYUX TAPESTRY instead.



Look out for notices of special family friendly services on our notice board, hopefully including a holiday club in the summer holidays. Our regular pattern of activities is:



Café Church

is always on the first Sunday of the month, more traditional services on other Sundays.



Tiddlywinks

10-12 on Fridays for toddlers and their carers



Community Larder

Every Thursday (alternating between 10 and 5pm)

All of these are advertised on the Facebook site WhatsoninTresillian or contact Helen Nicholson (520295)

L. J. TREGUNNA

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