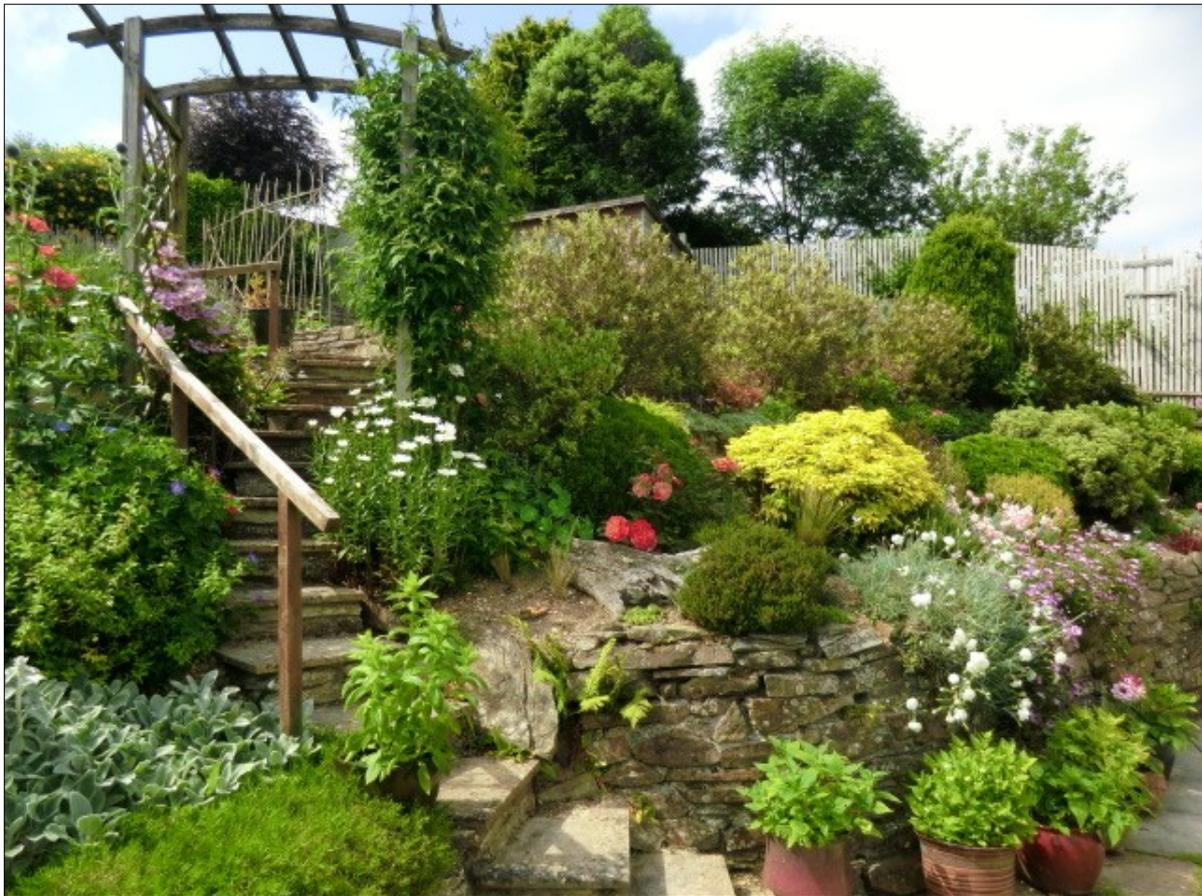


# The Tresillian Magazine

## **Web version**



Summer/Autumn 2021

Number 189

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# Tram Index : No.189 : Summer/Autumn 2021

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*Unfortunately, as not all organisations are up and running, there is limited information of dates at this time.*

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### Defibrillator Equipment

There are two defibrillators in the village; One on a wall between Mary's Pasty Shop and the Petrol Station and one at the Methodist Chapel.

The code for opening both machines is **4680**, followed by a **tick**.

### Medical Prescriptions

Patients at Probus Surgery. Prescriptions may be left and collected at Mary's Pasty Shop as well as Probus Surgery.

TRAM is published by The Tresillian Residents Association.

This distribution is sent to you via the services of the Tresillian Village Website [www.tresillianvillage.co.uk](http://www.tresillianvillage.co.uk)

Cover photograph: Garden of Sylvia and Colin Honey © Lesley Jones

## Tresillian Residents Association and TRAM Magazine

email address: l\_jones23@btinternet.com

THE TRESILLIAN RESIDENTS ASSOCIATION was formed in 1968 and membership is open to all residents of the village and the surrounding district, former residents, and friends and associates of our community.

The Association is NON-SECTARIAN AND NON-PARTY POLITICAL. Since 1983 activities of the Association other than the publication of TRAM have been suspended, but can be reconvened at any time to consider any community matters of importance, interest or concern to Members.

TRAM is published quarterly, usually in March, June, September and November. Recently, we have published the TRAM online due to the Covid-19 restrictions and this will continue for the future at no cost. The Tresillian Village website will host the TRAM in a specific area and will be accessible by eMail subscription.

Reports on the activities of village groups, organisations, places of worship etc., letters, suggestions, and small ads. Should be submitted to the above email address or to the Editor.

Items for the Christmas 2021 issue must be received by Monday, 18th October for publication later in November in time for the Christmas edition.

Articles (humorous, historical, topical etc.), poems etc. are always welcome and should be sent to the above email address or the Editor. Subject to suitability and acceptance they will be published as soon as possible.

Opinions expressed in any article appearing in TRAM are not necessarily those of the Editor nor those of the Production Team. The Production Team reserves the right to publish or not to publish any article etc. submitted to it.

Editor: Lesley Jones

Proof Reader: George Doherty

Treasurer: Aileen Brattton

IT Consultant: Keith Littlejohns

Committee: Lesley Dobel, Shirley Anderson

For the present, the TRAM will be delivered electronically due to Covid-19 virus regulations and may be found on the Tresillian Village Website.

## **TRAMLINES – the future**

The TRAM magazine has been published as a paper copy for several years and now the last three issues have been placed on the Tresillian Village website rather than being published as paper copies due to safety issues with physically delivering and having to handle subscription money.

The feedback that we have had for the web issue has been most favourable and we have taken the view that this is the way to go. However it does rely on readers having access to the internet.

There will be four issues per annum with updates if deemed necessary.

Keith Littlejohns is the webmaster for the village website and will soon be revamping the website to allow an area dedicated to the Tresillian Association Residents Magazine.

The good points for the web version let us use colour photos and adverts and also the magazine will be subscription free for registered members. The bad point is, we realise, not all of our existing readers have access to a computer, phone or iPad.

We will be posting a card to all of our existing members to give them the chance to register with their eMail addresses for the use of the website and for new members to join us as well.

There will also be areas for your comments and stories to be published.

Keep safe

Lesley Jones Editor

## St Clement Parish Neighbourhood Development Plan - Referendum

Great news, the St Clement Parish Neighbourhood Development Plan finally went to referendum on the 15<sup>th</sup> July 2021 and resulted in 94.15% in favour, 5.85% against.

Claire Jenkin, Deputy Counting Officer for Cornwall Council declared “that more than half of those voting have voted In favour of the St Clement Neighbourhood Plan”.

The turnout for voting was 20.12%.

Thank you for all those that have followed our team, attended our meetings and exhibitions over the years and then put up with us for another year whilst Covid 19 stopped the voting last year for safety reasons and then came out to vote for this great result.

This document should be read alongside Cornwall Council documents to provide dwellings hopefully within keeping of our lovely parish.

Lesley Jones (on behalf of the Neighbourhood Plan Team)



The Neighbourhood Plan team

# St Clement Parish Council

**A**t the July Meeting of the Parish Council it was noted that the Neighbourhood Plan had been approved at the recent (delayed) referendum.

There was a unanimous vote of thanks to the Neighbourhood Plan Committee. It is appreciated just how much time and effort was put into the Plan and there was confidence that the Parish will reap long-term benefits

Those who served on the Committee were:

Helen Nicholson (Chair)  
Lesley Jones (Secretary)

Theresa Cowling  
Linda Hitchcox  
Tamara Moluch

David Jones  
Keith Littlejohns  
Peter Thomas

Meg Edwards (Until December 2017)  
Colin Elliott (Until June 2017)  
Chris Matta (Until September 2017)

Your Parish Councillors are:

Cllr Theresa Cowling (Chair)  
Cllr Keith Littlejohns (Vice chair)  
Cllr Mike Eathorne-Gibbons  
Cllr George Doherty  
Cllr David Stone

Your Cornwall Councillors are:

Cllr Karen Glasson (Tresillian ward)  
Cllr Loic Rich (St. Clement, Malpas,

The Clerk to the Parish Council is:

Mr Tomas Hill  
Bewnan Ke  
34 Penlee Villas  
Playing Place  
Truro  
TR3 6EY  
Telephone: 01872 865840  
email (preferred): [stclementpc@hotmail.co.uk](mailto:stclementpc@hotmail.co.uk)



Tiddlywinks is a friendly play group for babies and toddlers (under 5). Music time with Andrew, followed by craft, snacks (please bring a piece of fruit to share) and free play.

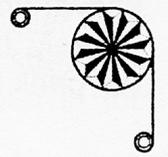
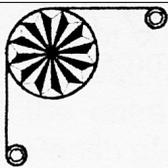
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© Tresillian Methodist Chapel, Lower Park (near the playing field)

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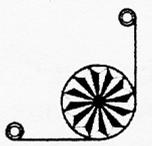
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## Tresillian Allotment Association

These summer months bring an air of excitement on the allotments, all the digging, planting, hoeing and watering are paying off and now we can start to harvest our bounty. The first and second new potatoes have been dug up, and I am happy to report that on our plot we have had a good successful crop, the 2<sup>nd</sup> earlies a variety called Jazzy bringing in the biggest harvest.

The first early peas have been a delight, courgettes are being harvested daily, along with blackcurrants, gooseberries and raspberries. The salad bed has delivered, providing us with lettuce, beetroot, radish and spring onions, the tricky bit is trying to keep a steady supply of these crops spread over the summer, we try to sow short rows of fresh seed every two to three weeks apart which hopefully will give a steady succession of crops for the salad bowl.

The French climbing beans are a little ahead of the runner beans, and starting to give us our first pickings, If you don't have an allotment you can grow these lovely tasting vegetables in a large pot with a bamboo cane wigwam to support them, plenty of water and feed and they reward you with lots of delicious slim green beans for very little effort.

The bee boxes that were put up in the winter to attract solitary bees to use as nesting sites, have worked and are being used by many different species of solitary bee. We had a family of blue tits in one of the bird boxes, but to date no bats in the bat box.

The Allotment committee were pleased and proud that the allotments were included as part of the villages entry for the RHS Britain in Bloom competition, all the plot holders worked hard to make their plots look good on the day, and many of the plot holders helped to make sure the site and around the entrance gate and car park looked neat and tidy ready for the judges inspection.

The benefits of having an allotment are immense, apart from having fresh food to eat that you have grown yourself, free from chemicals and pesticides, keeping an allotment keeps you fit and is great fun, that is once you have cleared the plot ready for planting.

Looking back over last year, we did reasonably well with a lot of new plot holders on furlough or just getting into the swing of growing their own food.

Earlier on this year, however was a different story. The allotments had suffered badly from cold winds and torrential rain followed by very dry conditions. During late Spring, a lot of veg seeds, seed potatoes and onions sets had been planted but nothing seemed to want to grow and a lot of potential produce was lost because of this. However, the conditions improved and we have managed to grow stuff but not necessarily as big a crop as normal. Lorraine's article above talks about what happened once the conditions improved.

The blackbirds have made off with all my redcurrants but have left the raspberries alone. The strawberries have to look after themselves but I have had a small but sweet crop of red gooseberries and there is loads of rhubarb for crumbles and fools. Our potatoes are not so good though.

As we go into Autumn, our fruit trees are beginning to crop so we are looking forward to a tasting session of the apples. - Lorraine and Lesley.

## Photos from the allotments.

One of our allotmenters had a lovely area of cabbages but all is not quite as lovely as it seems!



Roy's Plot

Perfect cabbage from the front but the one behind it has been savaged by Cabbage White Butterflies.

© Lesley Jones



According to Geoff, who provided the photos below, this is a young female slowworm with beautiful colouring. *(and before you ask, I don't know how he knew either)*

© Geoff Jones

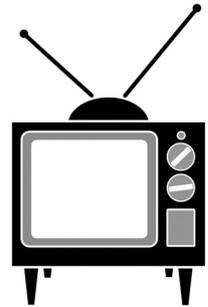
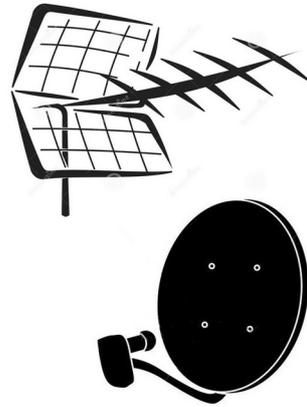




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## Children's Hospice South West

Colin and Sylvia Honey are in the midst of a special year with 80<sup>th</sup> birthdays, and an Emerald Wedding Anniversary (55 years).

To celebrate, they decided to forego any presents etc. but they would hold a Garden Party for tea and cakes in way of a joint celebration. This was held on Sunday 27<sup>th</sup> June and was held in their beautiful back garden.

The flowers were at their best, but as the day approached the weather forecast loomed and gloomed for the actual day. Plan B came into effect with a roundup of neighbours' gazebos and umbrellas just in case it rained.

On the day, monsoon weather turned up and kept going throughout the event and finally cleared up after all had ended and everyone had gone home, the sunshine turned up – typical! The hospice had previously given Sylvia a letter to introduce her at various supermarkets and shops to see if they would be willing to supply prizes for a raffle and they were most helpful.

Prizes received as follows:

Argos	Mini Hi Fi
Cornish Food Store	£25 Food Hamper
Marks and Spencer	Prosecco
Waitrose	Prosecco and Chocolates
Smile Dental Care	2 Electric Toothbrushes
Uneeka	Scarf and soap
The Lemon Arms (Mylor Bridge)	£30 food voucher

Other donations:

Ukelele  
Handbag  
Lots of Donated Cakes

Colin and Sylvia's Daughter and Granddaughter ran the tea, cakes and raffle in one gazebo while we all disappeared throughout the garden and into the other gazebos, furnished with tables and chairs. Joy (Sylvia's friend) and Gaye Lush brought the teas and cakes round to all the guests (Gaye got well and truly soaked). Overall, £750 was collected over the day and thanks go to all that attended or gave their time, gazebos and money.

Lesley Jones



Some of the various raffle prizes on display.

Different areas of planting below.

© Sylvia Honey

These photos were taken on the sunny day after the rain. Typical!

© Lesley Jones



# Village Improvement Group

**W**e hosted a visit from the South West in Bloom judge on 9th July. Before the judge's visit there was a collective effort to make sure the village looked its best, and we're very grateful to all the volunteers who tidied up.

We have entered the Mary Mortimer Cup for villages with a population of less than 1500. The judge looks at the quality of the horticulture, our efforts to involve the community and the environmental aspects of our projects. We'll find out the result in October and we'll let you know.

The planters and boat were planted by Truro City Council a bit later than usual this year due to the cold spring weather - this paid for by a grant from St Clement Parish Council, for which we are very grateful and also some donations from people in the village. There is a watering rota in place as well so hopefully they will continue to grow well all summer - but if you're passing please do dead head the petunias!

Showing round the judge made us very proud of our village and all we do together - thank you One and All!

Helen Nicholson



The Judge and some of the plot holders enjoying tea and cake at the end of the visit. © Helen Nicholson

## Duke of Edinburgh volunteer – Theo Wood

The Duke of Edinburgh award consists of 3 separate awards, with these being; bronze, silver, and gold. I completed my silver DofE award over the last school year. To do this I had to complete 6 months worth of a skill, whether this being playing an instrument, dance, or chess, etc. Secondly I had to complete 3 months of physical activity, such as football. Thirdly I had to complete 6 months of volunteering. Many people choose to do this in places like Oxfam, but I completed mine in the village.

Alongside rugby and saxophone, I helped around the village with Helen Nicholson, de-weeding, completing litter picks, and delivering letters, among other things. After I had completed all of these aspects, I was then able to go on the expedition.

For silver it is a three day walk, and two night camp. My group of six spent three days on Bodmin Moor, and walked about 63 kilometers in that time. We camped in tents overnight, walked through heavy showers (and bogs), cooked our own food, and enjoyed ourselves. DofE develops skills such as leadership, resilience, communication, and commitment. It is a great experience that teaches many key skills to thousands of people every year.

.....

Theo also sent me his recipe for spaghetti bolognese and I got back to him to see if he had made it while on expedition.

His comments, “On DofE we had heatable meals that we cooked in water- like noodles, and other packaged food. Alongside snacks like sweets and chocolate, and protein bars etc. I wish we had spaghetti bolognese! “

Theo also provided me with photos from his practise expedition as phones were not allowed on the proper one. You can find the photos on the next pages followed by his take on spag. bol!



# Recipe – Theo Wood

## Spaghetti Bolognese

Ready in **80 minutes** Serves **6 people**

### Ingredients

- 2 cloves of garlic
- 1 onion
- 2 sprigs of fresh rosemary
- 6 rashers dry-cured higher-welfare smoked streaky bacon
- olive oil
- 500 g minced beef
- 200 ml red wine
- 1 x 280 g jar of sun-dried tomatoes
- 2 x 400 g tins of plum tomatoes
- 500 g dried spaghetti
- Parmesan cheese
- extra virgin olive oil
- 1tsp Dried oregano

### Preparation

1. Peel and chop the onion, garlic, and rosemary. Slice the bacon into smaller strips.
2. Heat a splash of olive oil in a dutch oven on medium heat. Add bacon, rosemary, garlic and onion. Cook for about 5 minutes, stirring on occasion.
3. Add the minced beef, breaking it apart with the spoon. Cook until brown, then add the wine. Leave to bubble.
4. Simultaneously drain and then blend the sun dried tomatoes to a paste. Add the sun dried tomatoes, dried oregano and canned tomatoes to the pot.
5. Cover the pot and reduce heat to low, leave to lightly simmer for 1 hour, stir after 30 minutes.
6. With 10 minutes left, cook spaghetti to packets instructions, drain and empty spaghetti in bolognese, toss to coat.
7. Plate and season with Parmesan.

**W**e are having quite a glut on certain vegetables from the allotments, especially courgettes and runner beans. Here is a recipe From GoodtoKnow sent in by Cheryl Chatterton.

### **Courgette and lime muffins.**

This makes 12 muffins and takes 30mins to prepare. Cooking time is between 20 to 25 minutes.

#### **Ingredients:**

- 250g courgettes (about 2-3medium-size)
- 2 large eggs
- 125ml vegetable oil
- 150 golden caster sugar
- 225g self raising flour
- ½ tsp bicarbonate of soda
- ½ tsp baking powder
- juice and zest of 1 lime

#### **For the lime cream cheese icing:**

- 200g cream cheese
- 100g icing sugar
- juice and zest of 1 lime

#### **Equipment**

- 12-hole muffin tin, lined with cases

#### **Method**

1. Preheat the oven to 180oC (350oF, gas mark 4).
2. Grate the courgettes and leave them to drain in a sieve hung over a bowl.
3. In a large mixing bowl, add the eggs, vegetable oil and sugar and beat until well mixed and slightly fluffy. An electric whisk will make this easier, or use a food mixer if you have one.
4. Sieve in the flour, bicarbonate of soda and baking powder and beat together.
5. Finally add the drained courgette and the first lot of lime juice and zest and divide between the 12 muffin cases.
6. Cook in the oven for 20-25 mins or until the muffins are nicely brown and firm to the touch, allow to cool completely on a wire rack before icing.
7. To make the icing, blend together the cream cheese with the icing sugar and the lime juice, and spread generously over the top of each muffin. Decorate each with a few swirls of lime zest,

## **Mobile Library Dates**

August 13<sup>th</sup>  
September 10<sup>th</sup>  
October 8<sup>th</sup>  
November 5<sup>th</sup>

The mobile library van usually visits every fourth week and stops on Heron Close, Tresillian between 2:45 and 3:10 p.m.

## **The Royal British Legion, Truro Branch**

### **VETERANS BREAKFAST CLUB**

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For further information please contact Alan Beattie on 07791572786 or e-mail [truro.bcs@rbl.community](mailto:truro.bcs@rbl.community)

Throughout lockdown, I have been in contact with Alan Beattie over the months regarding the effect that Covid-19 rules had on the Breakfast Club.

As you can see from the above flyer, The Veterans Breakfasts will recommenced On Wednesday, 1<sup>st</sup> September but at a new venue, The Railway Tavern (which was the former Railway Club). Bon Appetite.

Lesley

## Tresillian Walking Group

The walking group haven't got together again with the lockdown etc. going on but we finally started our walks again in September, with eight of us meeting at Trelissick Gardens to wander round the North walk, take in the Roundwood Quay for a refreshment stop and then on to the remains of the Iron Age Fort before continuing back to the cafe and our cars. We have National Trust cards so could use the car parks for free but non-members have to pay £5 for the privilege of parking their cars.

Earlier, we had family down from the Orkneys in late July during that week of glorious sun and extreme heat. Dave's daughter and her partner are more used to temperatures of 16 – 18 °C so the heat really zapped them both. We walked all over the place and as they are both runners, each day was a really early start to beat the heat.

This was a great opportunity to walk around the South walk at Trelissick, which was mostly in the shade. We were too hot at the time to tackle the North walk while they were down here but at the end of July, Dave and I had a great time wandering around the North walk and we decided to use this for our walking group in September.

### Directions for our walk in July

From the car park, we walked back towards the Bishop's Palace and carefully crossed the road (very fast drivers) and entered the walk proper. The path consists of steep downward hairpins and is a hard slog if you walk this the opposite way round. There are seats and stunning views looking across the water in some places.

We took our time wandering downwards through shady trees in peace with very few people passing us with various dogs until we found signs with options to walk around an apple orchard or up hill and right again onwards to Roundwood Quay. This was originally an Iron Age fort and although you can see the different levels of soil fortifications, this is overgrown with low bushes. Down on the quay, there were families enjoying swimming and picnicking.

We rested for a short while and then set off again retracing our steps back to the orchard area and then continuing on by picking up the path going back towards the creek end of Trelissick.

We emerged from the path overlooking the King Harry Ferry and walked along the road before entering Trelissick by the tower entrance. After refreshments, we drove home.

If you would like to join our walking group, then please contact me on 01872 520568 for further information.

Lesley Jones

We found a Cornflake tree in Pencalenick woods the other day, or was it a Poppadom or a pasty?

What a fantastic display of Fungi this is, although I do not know which type it is. - © Lesley Jones



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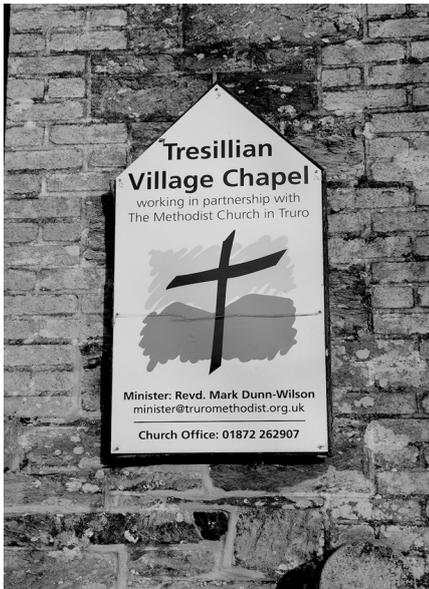
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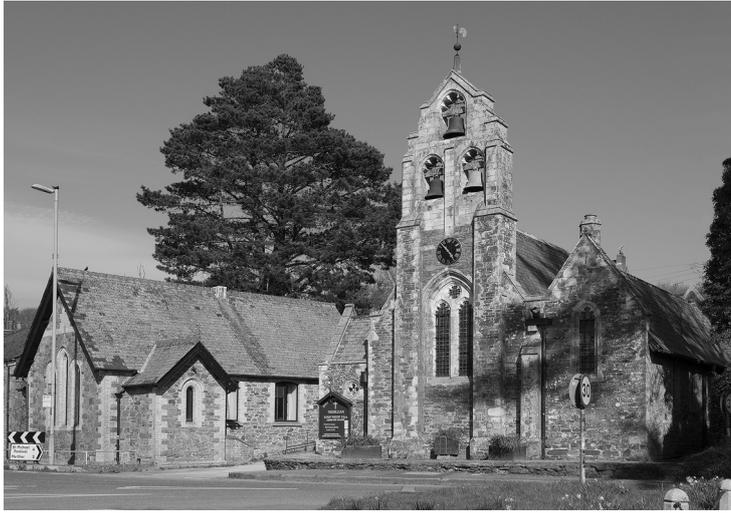
## Tresillian Methodist Chapel

We're slowly returning to more 'normal' services, though I'm not quite sure what normal means! We would love to welcome you to join our services – the first Sunday in every month is Café Church – a more informal service, accompanied by drinks and cake! Services on other Sundays do vary, so please look out on the notice board. Its almost Harvest again and we're looking forward to celebrating with Holy Trinity, and hopefully the allotmenters again this year!

Tiddlywinks toddler group continues to run every Friday – now with no restrictions - we have a Facebook page if any families want to join us Tiddlywinks@Tresillian, or contact Helen Nicholson (T. 01872 520295).

On 1<sup>st</sup> - 3<sup>rd</sup> September, we will be having a Wastewatchers Holiday Club for primary children, 10 am -12.30 pm £2 per day, per child. Please book with Helen (number above). On the following Sunday it will be a family morning and service, followed by a picnic in the Playing Field. There will be a family challenge to keep everyone busy!

Keep safe, and keep well but if you are worried or lonely, or if you need any help for any reason (like self isolation), contact Helen on 07791371933.



## Holy Trinity Church and Lamorran

**S**lowly, life at our church is getting back to normal.

We are singing hymns, face coverings are optional and social distancing is maintained and hand gel is available.

What we *do* lack is a regular Minister. Revd Elly Sheard and Revd Linda Whetter have led us in services of Holy Communion on several Sunday mornings, but they do have many other duties.

We were delighted to welcome back Revd Canon Lynda Barley on a visit last weekend., with the good news that they have recently become grandparents. Many warm congratulations. We do hope she and Chris will maintain a long relationship with us in the years to come.

Our Church Wardens / Worship Leaders, Mrs Billa Jeans, Mrs Claire Wright and Mr Clive Stephens, ably backed by Mrs Judith Stephens at the (temporary) organ have ensured we enjoy our services on the Sundays when we cannot take communion.

Our thoughts are very much with Claire, who is very unwell in Treliske.

Ill health prevents Gillian and Bernard Fielder and Pat Miller from joining us in church. They also are in our thoughts.

We wish them, and all others of our community (past and present) who may be unwell, worried about a loved one or suffering a bereavement a return to health and peace.

Our future plans include a FRIDAY AFTERNOON Communion Service: **3.0 pm on the 3<sup>rd</sup> September. Do please join us.**

There will be no service at Holy Trinity on Sunday 5<sup>th</sup> September.

On the 26<sup>th</sup> September we will be combining with our friends from Tresillian Methodist Chapel for a Harvest Thanksgiving celebration of hymns, stories and music at the Allotments. Again 3.0 pm. This had become very much an annual event until the dreaded Covid struck. It is a good opportunity for a happy get-together in very pleasant surroundings.

There will be a service on Remembrance Sunday, 13<sup>th</sup> November, 10.45 at the War Memorial in the Playing Field before the Silence at 11 o'clock.

We hope to be again joining our friends at the Chapel for a Carol Service at 11.0 am on Sunday 19<sup>th</sup> December.

We are hoping the organ, which had to be dismantled in order to deal with the flood damage of last year, will be reassembled this autumn.

We all long for the day when we can once again talk of things like Lunch Club and Coffee mornings.

Meanwhile, work is continuing at Lamorran following the success of the Bats in Churches Project. The ceiling has to be sealed in accordance with requirements of Victorian Society, English Heritage and the Bats in Churches people.

The walls have been re-plastered to a good standard, not just a cosmetic touch.

There is considerable work to be done to the aisle floor that was laid – some 150 years ago – on just a hardcore base.

We are very grateful to Mr Nick Jeans for the considerable work he has done – and is doing – on this project.

And remembering at the same time that there is always maintenance work to be done at Holy Trinity and the Church Hall. Here, thanks again to Nick and to Mr Mike Williams.

## **Worship Diary**

A change to our normal pattern of worship as priests are more available to support us on weekdays than Sunday!

Sunday 26<sup>th</sup> September – Harvest Thanksgiving 3.0 pm at Allotments

Sunday 13<sup>th</sup> November – Remembrance at War Memorial and Chapel

Sunday 19<sup>th</sup> December – Carol Service, 11. 0 am at Chapel

Friday 24<sup>th</sup> December - 1<sup>st</sup> Communion of Christmas at 11 pm with Father Gregg, retired priest at Holy Trinity Church

**Everyone welcome to all these services.**

George Doherty  
On behalf of the PCC

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## Tresillian Village Playing Field Committee

The Committee and other helpers had a busy few months in the spring/ early summer installing new equipment for older children, and re-laying the path. It was quite an effort but doing the work ourselves meant we could buy more equipment. It's good to see people enjoying everything the playing field has to offer – remember that it's there for all to enjoy so please look after it, and be respectful of each other (but NO dogs please).



We've having a Family Fun Day on 22<sup>nd</sup> August, starting at 12pm with games for all ages, BBQ, cakes, raffle etc. We need to raise funds to cover the costs of keeping the mowers running which is about £5 a week. Please come along and have some fun, and donate if you can.

*(apologies for being late with the Fun Day item - Editor)*

We've entered the Green Flag Community Award again this year and we'll hear in autumn about this – the judge will do a mystery visit this year, so let us know if you see them!

Finally, another event for your diary – another SMITE competition on 12<sup>th</sup> September, starting at 2pm. If you're wondering what Smite is, it's a Cornish Outdoor game which can be played by all ages and all abilities. It involves 10 wooden pins and a 'smiter.' The smiter is thrown at the wooden pins and, depending on how many are knocked over, points are scored. The first team to 50 points will win that round. Come and have a go!



Helen Nicholson, Chair – Playing Field Management Committee (07791371933)



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