

The Tresillian Magazine

TRAM



Spring 2020
Number 186

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Defibrillator Equipment

There are two defibrillators in the village; One on a wall between Mary's Pasty Shop and the Petrol Station and one at the Methodist Chapel. The code for opening both machines is **4680**, followed by a **tick**.

Medical Prescriptions

Patients at Probus Surgery. Please check collection points with Probus Surgery, or visit the Tresillian Village website News Bulletin page for the latest information.

Corona Virus

Due to Government Warnings about meetings, shutdown of schools and businesses, we have taken the steps of publishing this copy of the TRAM magazine using the services of the Tresillian Village Website (www.tresillianvillage.co.uk) rather than subject our great distribution team and our readers to any harm.

As you will be aware of the situation with this virus and self-isolating for those who are vulnerable to underlying health problems, the articles in this magazine are subject to date and postponement changes. Please contact any meeting organiser, details are on the contact page and in some cases in the articles to confirm if they are going ahead.

At the time of writing the situation regarding the spread of the Corona virus is changing daily

The Lunch Club and Coffee Morning gatherings are suspended until further notice.

From the Tresillian Village Website News Bulletin Board www.tresillianvillage.co.uk

In light of the Government guidance around non-essential contact, the Archbishops of Canterbury and York have issued advice that all future public worship is suspended until further notice.

More information will be made available as and when there is more news.

Clive Stephens

Watch for notices and information on the Church and Village websites for ongoing information.

Please take note of NHS – Government recommendations and stay safe

Diary at a Glance April 2020 – July 2020

NOTE: Prefix for all the telephone numbers below 01872 if calling from outside the area or on a mobile

Please be aware that the meetings below are subject to being cancelled due to the ongoing situation with the Corona Virus.

APRIL

Neighbourhood Plan Referendum (St. Clement Parish)

Thursday 2nd Polling 7.0 am to 10.0 pm
Village Hall Committee Room

Walking Group

Saturday 4th
Call 520568 for details

Coffee Morning

Tuesday 7th 10.30 am – 12 noon
Mary's Pasty's

Memory Cafe

Wednesday 8th 2.0 – 4.30 pm
Probus Village Hall

Garden Club

Charlie Pridham: Climbers
Thursday 9th 7.30 pm
Village Hall

Lunch Club

Thursday 16th 12 noon
Church Hall
Booking essential, call 520566

Memory Cafe

Wednesday 22nd 2.0 – 4.30 pm
Probus Village Hall

Midi Group

Penny Praill: 'A Funny job for a Woman'
Tuesday 21st 7.30 pm
Church Hall

Mobile Library

Friday 24th Between 3.25 and 3.50 pm

Tregothnan Gardens

Charity Open Days 2020
Saturday 25th and Sunday 26th.
10.0 am

St Clement Parish Council *

Wednesday 29th 7.30 pm
St Clement Parish Hall

MAY

Walking Group

Saturday 2nd
Call 520568 for details

Garden Club

Saturday 2nd 10.0 am – 2.0 pm
Stall at Hardy Plant Society
Truro Cattle Market
Ample free parking

Coffee Morning

Tuesday 5th 10.30 am – 12 noon
Mary's Pasty's

Memory Cafe

Wednesday 13th 2.0 – 4.30 pm
Probus Village Hall

Garden Club

Thursday 14th 7.30 pm
Claire Woodbine: 'Colour in the Garden'
Village Hall

Midi Group

Tuesday 19th 7.30 pm
Church Hall

Lunch Club

Thursday 21st 12 noon
Church Hall
Booking essential, call 520566

Mobile Library

Friday 22nd Between 3.25 and 3.50 pm

Memory Cafe

Wednesday 27th 2.0 – 4.30 pm
Probus Village Hall

St Clement Parish Council *

Wednesday 27th 7.30 pm
St Clement Parish Hall

Please be aware that the meetings below are subject to being cancelled due to the ongoing situation with the Corona Virus.

JUNE

Coffee Morning

Tuesday 2nd 10.30 am – 12 noon
Mary's Pasty's

Walking Group

Saturday 6th
Call 520568 for details

Memory Cafe

Wednesday 10th 2.0 – 4.30 pm
Probus Village Hall

Garden Club

Call 520609 for details

Midi Group

Tuesday 16th 7.30 pm
Church Hall

Lunch Club

Thursday 18th 12 noon
Church Hall
Booking essential, call 520566

Mobile Library

Friday 19th Between 3.25 and 3.50 pm

Memory Cafe

Wednesday 24th 2.0 – 4.30 pm
Probus Village Hall

St Clement Parish Council *

Wednesday 24th 7.30 pm
St Clement Parish Hall

* NOTE: In order to fully discuss matters arising from other organisations and meetings it may sometimes be necessary to change the date of Parish Council Meetings. Please look out for information on the village notice boards and website.

Dates, times and venues may be subject to change. Please contact the appropriate organisation if in doubt.

Regular Gatherings

Usually in the Village Hall

Tresillian Singers Tuesday evenings

Michael's Dance School Wednesday evenings

Tresillian Dance Club Friday evenings
(Modern Sequence)

At the Methodist Chapel

Tiddlywinks – Parent and toddler/baby group
Friday mornings, 10 a.m. to 12 noon

Contacts

Allotment Association:

Lorraine Sutton: 01872 520609

Lesley Jones: 01872 520568

Church:

Church Wardens:

Claire Wright: 01872 520198

Billa Jeans: 01872 263830

Church Hall; lettings:

Telephone: 01872 520198 or 520295

Chapel:

Andrew and Helen Nicholson: 01872 520679

Jean Tubb: 01872 520477

Garden Club:

Lorraine Sutton: 01872 520609

Cheryl Chatterton: 01872 520537

Lunch Club:

Gillian Fielder: 01872 520566

Midi Group:

Shirley Anderson: 01872 520372

Ann Winter: 01872 862627

Tiddlywinks:

Helen Nicholson: 01872 520679

Village Hall; lettings:

Ann McCormick: 01872 510850

Village Improvement Group:

Helen Nicholson: 520 679

Walking Group:

Lesley Jones : 520 568

GOVERNMENT

M.P.

Cherilyn Mackrory

House of Commons

London SW1A 0AA

Email: cherilynmackrory.mp@parliament.uk

(local office to be opened soon)

Cornwall Council

Cllr. Mike Eathorne-Gibbons

New County Hall, Truro

Trevew Road

Truro TR1 3AY

Tel: 275 007

Mobile: 07979 864555

Email: meathorne@cornwall.gov.uk

St. Clement Parish Council

Mr Tomas Hill

Bewnans Ke

34 Penlee Villas

Playing Place

TR3 6EY

Tel: 865840

Email: stclementpc@hotmail.co.uk

Tresillian Residents Association and TRAM Magazine

email address: tram.gdoherty@gmail.com

THE TRESILLIAN RESIDENTS ASSOCIATION was formed in 1968 and membership is open to all residents of the village and the surrounding district, former residents, and friends and associates of our community on payment of an **annual subscription of £5**, which includes **TRAM**.

The Association is **NON-SECTARIAN AND NON-PARTY POLITICAL**. Since 1983 activities of the Association other than the publication of TRAM have been suspended, but can be reconvened at any time to consider any community matters of importance, interest or concern to Members.

TRAM is published quarterly, usually in March, June, September and November. Additional copies and copies to non-members, **subject to availability**, can be supplied at £1.25 per copy.

Reports on the activities of village groups, organisations, places of worship etc., letters, suggestions, and small ads. Should be submitted to the above email address or to the Editor.

Items for the Summer 2020 issue must be received by Monday, 1st June for publication later that month

Articles (humorous, historical, topical etc.), poems etc. are always welcome and should be sent to the above email address or the Editor. Subject to suitability and acceptance they will be published as soon as possible.

Opinions expressed in any article appearing in TRAM are not necessarily those of the Editor nor the Production Team. The Editor and Production Team reserve the right to not publish any article submitted.

PRODUCTION TEAM

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IT Consultant:	Keith Littlejohns	Tel. 01872 520 503

Committee:	Shirley Anderson Lesley Dobel	Janet Bailey Gina Perman	Rev. Canon Lynda Barley
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Main Road, Central (Manor Cottage to St. Erme)	Mrs Ann Keast	01872 520512
Polsue Way: Odd numbers	Mr John Michell	01872 520205
Even numbers 2 – 20	Mrs Desiree Tilgren	01872 520631
Even numbers 22 – 40	Mrs Aileen Bratton	01872 520176
Higher Polsue Way: Numbers 1-15, 2-26	Mr Barry McCameron	
Numbers 17-35, 28-50	Mrs Shirley Anderson	01872 520372
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Carne Meadows	Mrs Meta Johnson	01872 520436
Heron Close	Mrs Lesley Jones	01872 520568
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Lower Park	Mrs Janet Bailey	01872 520612
Fairfax Road	Mrs Val Lawes	01872 520259
Bridge	Mrs Gina Perman	
St. Michael Penkivel	Mrs Cathy Cook	
Probus and Postal	Mr George Doherty	01872 520674

Mobile Library

We now have a new mobile library van, which has a lot of new features. Like a lot of public vehicles, the van has a kerb drop down facility as well as a small seating area. It is light and airy but for short people like me, it isn't always easy to reach the top shelf. The shelves are designed not to shed the books on tight and steep corners as Chris the librarian will attest as many a time before he has had to pick up scattered books before now.

Did you know that if you already have a library card, then you can use it for the mobile library as well as Truro Library. You have to book it on the Truro Library website, which is a bit of a struggle to wend your way through but the main library has an up to date catalogue of books. If you wish to order a book or two then make sure that you mark it down to be sent to the mobile library for pick up, then you do not need to pay for the privilege and there are no fines.

Parking is still at Heron Close in Tresillian between 15:25 up to 15:50. If you can't make that time then earlier on you will find the van at Probus Village Hall between 11:10 and 12:00. As usual both visits are on Fridays

Here are the dates for March up to July:

March 27
April 24
May 22
June 19
July 17

See item on Tresillian Village Website 'News Bulletins' on how you can access some of Cornwall Library Services online services using your library card number.

Probus Memory Cafe

A MEMBER OF CORNWALL MEMORY CAFE NETWORK MEETING DATES

April	Wednesday 8 th and Wednesday 22 nd
May	Wednesday 13 th and Wednesday 27 th
June	Wednesday 10 th and Wednesday 24 th

**ALL MEETINGS ARE HELD AT PROBUS VILLAGE HALL
FROM 2.30 pm to 4.30 pm**

Enquiries to Jill Prisk on 01726 884388 or 07541 319989

Tramlines

It is with great pleasure that we offer our congratulations to Mrs Joan Thomasson on her 100th birthday which she celebrated on the 30th December

I rather think that everyone will know that the UK formally left the EU on the 31st January. It is a sobering – and pleasurable – fact that when the first issue of TRAM went out at Christmas 1971 the UK was still 13 months short of *entering* what was then the EEC. I read somewhere of someone prophesying that we will be asking to go back into the EU (or its successor) in about 40 years time. I would like to think TRAM will still be around and flourishing with issue number 350, or something like!

It is 48 years since I first 'edited' TRAM; 18 years since I took the 'Editor's Chair' again after many years working abroad. It is now time to take a (shaky) step back and hand over THE CHAIR to Lesley. I know that means our magazine will be in safe hands for the foreseeable future. I hope she gets as much enjoyment out of the task as I have.

Thank you all for your support and encouragement all down these years.



George Doherty

We will not be collecting the annual subscription with the spring issue of TRAM because we did not publish an autumn copy last year due to illness and other problems.

Subject to the Corona Virus situation, we will be collecting the subs with the summer issue and this will now be the regular thing.

The cost will at present remain at £5 per year.

Summer Issue of TRAM

Depending on the Corona Virus situation at the time, the Summer issue of TRAM may also have to be delivered in digital format only online via the services of the Tresillian Village Website at:

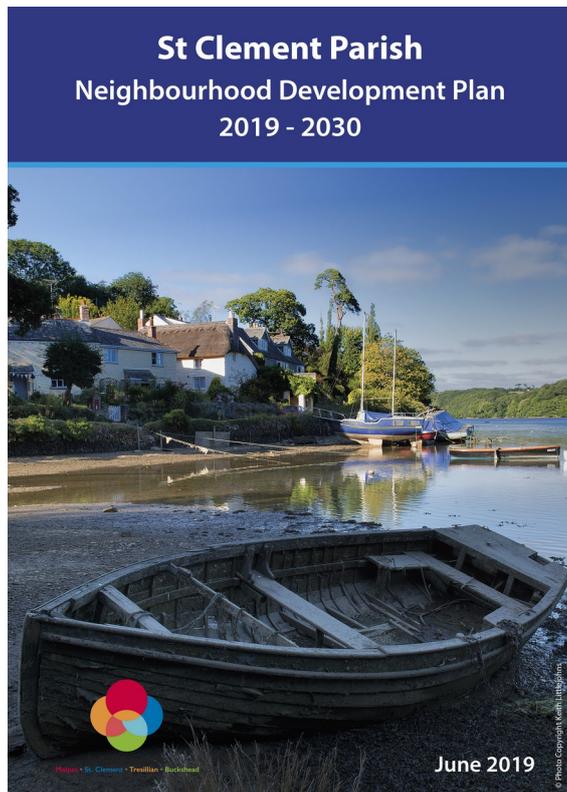
www.tresillianvillage.co.uk

An announcement will be made on the website prior to publication.

St Clement Parish Neighbourhood Development Plan

Stop Press

Since this article has been written, the referendum has been postponed due to the Corona virus issues. A new date will be set by Cornwall Council in the future and you will be contacted accordingly by them.



At last! We are delighted to report that we have reached the final stage – the plan and its policies have been written and then tested by Cornwall Council and an independent Planning Inspector. A few small changes had to be made, but the policies are in principle the same as were on display at the public meetings last year. So now **YOU** get to **VOTE** on the Plan on 2 April and you should have already received your voting cards. In order for the policies in the Plan to be adopted by Cornwall Council, a majority of votes cast on the day have to be in favour.

As a reminder, there is more information below and also on our website <https://stclementplan.wordpress.com/> and Cornwall Council's website:

What is a Neighbourhood Plan?

It gives people like ourselves a real say in how our community develops – the way that land is used for housing, business, shops and leisure. It can also protect green spaces and influence the design of buildings. Local people play a major role in making the plan. It's part of their democratic right granted by the Localism Act. When agreed, it will have legal force until 2030, and must be followed by Cornwall Council when making planning decisions.

Where can I see the proposals?

Online at <https://stclementplan.wordpress.com/> and Cornwall Council's website. Hard copies are available at Truro Library and village halls in St Clement, Malpas and Tresillian.

How do I vote?

The same as any other election, in person at the poll station, by post or proxy vote. Register to vote by 17th March with Cornwall Council.

The Steering Group would like to take this opportunity to thank everyone who has contributed to the plan in any way – completing the questionnaire or coming to our public events. We hope you feel the plan reflects your views. If you have any questions or queries, please contact the Parish Clerk, Tomas Hill
Tel: 01872 865840 Email: stclementpc@hotmail.co.uk

St Clement Parish Council

St Clement Parish Council

We welcome two new Councillors; Mrs Linda Hitchcox and Mr Richard Fawcett.

With their co-option we now have a full Council; seven members.

Your Parish Councillors are:

Cllr. George Doherty (Chairman)
Cllr. Theresa Cowling (Vice chair)
Cllr. Richard Fawcett
Cllr. Linda Hitchcox
Cllr. Keith Littlejohns
Cllr David Stone
Cllr. Peter Thomas

Your Cornwall Councillor is Cllr. Mike Eathorne-Gibbons

The Clerk to the Parish Council is Mr. Tomas Hill

Correspondence details:

email (preferred) stclementpc@hotmail.co.uk

Mail Mr Tomas Hill
St Clement Parish Council
Bewnans Ke
34 Penlee Villas
Playing Place
Truro
TR3 6EX

Telephone: 01872 865840

Please note that the role of Clerk is part-time but he will endeavour to respond to any enquiries as soon as possible.

The Royal British Legion Truro Branch

VETERAN'S BREAKFAST CLUB

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9 a.m. - 11 a.m.

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Or email truro.bcs@rbl.community



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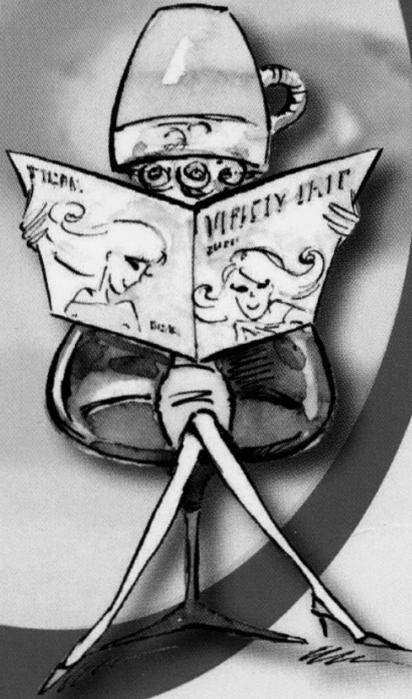
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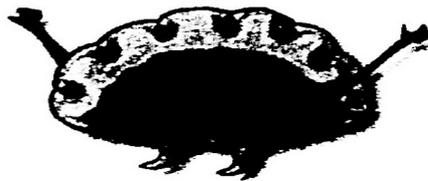


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Tresillian Garden Club

Well here we are at the start of 2020, a year that will be remembered for blowing in with storm Ciara and closely followed by storm Dennis. However, in the gardens plants are slowly stirring, we have Snowdrops sparkling in our gardens and the daffodils along the main road are cheering our journeys in and out of the village even on the dark and wet days, promising that spring is just around the corner.

We have been snug and warm at the Village Hall for Garden Club though. In November we learnt about the allure of succulents and cacti which have become once again very popular, due mainly to their ability to survive a long time without water and thrive on minimum care, children love looking after these fascinating plants and because they are plants that propagate easily its easy to share and swap with friends, they can become very addictive!! The biggest threat, and why so many gardeners lose these plants, is due to over watering.

In December we enjoyed our lively Christmas buffet and quiz. The trestle tables groaned under the weight of our shared food—all delicious and varied. We needed plenty of brain food to help with another of Cheryl's fiendish quizzes, its amazing how competitive us humble gardeners can become!! It was all light hearted fun, and we gave our thanks to Lorraine and Cheryl for running the Garden Club so well over the years. At the end of the evening there was a mighty team effort to tidy up the hall, along with a mammoth washing up frenzy. Amazing how quickly this can be achieved when its all hands to the pumps!

In January we welcomed back Liam Shoemsmith from Truro City Council parks department. His talk was about welcoming wildlife into our gardens. It was really informative and illustrated with slides showing the work and projects his park team are working on to make Truro a wildlife friendly city. You will all have seen the fantastic hedgehogs on the roundabout as you go into Truro. Liam shared with us some tips that we can put into our gardens to help these creatures. If you have fencing try and cut out a gap at the bottom so that visiting hedgehogs can still travel between gardens, remember they are a natural pest control and love slugs and snails to eat, so try to avoid the use of slug pellets.

A fascinating fact that Liam told us was that when Henry VIII started the Royal navy in Tudor times, it took 600 large oak trees to build ships like the Mary Rose. This caused massive habitat loss as one large oak can sustain up to 3,500 elements of wildlife from insects, birds animals and plants. This shows just how important trees are in our environment, especially as so much of wild habitats are disappearing due to agricultural changes and house building.

Good news though: goldfinches are increasing due to all the feeders filled with Niger seed that we hang on our bird tables; what beautiful and colourful visitors they are to our gardens. We need to help our native bees and insects too, so don't tidy up too quickly, and leave a pile of logs or twigs in a corner for insects to use.

The parks teams are in places replacing annual bedding plants such as begonias with double flowers that offer no food to insects, and replacing some of them with good pollinating plants, such as cosmos and salvias, along with the wild flower beds it all looks fantastic and the beds are now a buzz with a variety of bees, hoverflies and other flying insects that care to feed on the nectar and pollen rich plants.

We can all do our bit for wildlife by planting a good range of plants and flowers, Herbs like Lavender, Thyme and Rosemarie are also good bee plants and are good for us!! Seed heads and stems can become homes to ladybirds and spiders, adding a bee or bug hotel is an easy thing to tuck away into your garden. Liam proved to us that there are a lot of simple, easy ideas to improve our wildlife's chances to survive, and in doing so will give us pleasure too.

In February we welcomed Gary Long. Gary is the Head Gardener at Trewithian; he talked about shrubs and trees that can be used in a small garden, although we had to take this with a pinch of salt as he jokingly told us that having started work at Tregothnan, which has around 100 acres he had down sized and was now in what he classed as a small garden at Trewithian as it is only 30 acres!

Gary is only the third Head Gardener at Trewithian, with the first, Jack Skilton, starting as a bird- scarer in 1906. He was awarded the RHS Long service award medal in 1959. The second was Michael Taylor who was there from 1964 to 2004.

Some trees that are suitable for those of us with real small gardens are sorbus, birches, Japanese maples, some of the ornamental cherries and crab apples. All these trees have more than one season of interest which is very important when choosing plants for smaller gardens. Some shrubs that grow large can be used as a replacement for trees such as amelanchier, cotinus, lilacs and some of the pittosporums.

Gaye Lush

At our meeting on March 12th we welcome Mr Nick Bacon who will be talking on Medicinal Plants. On April 9th Charlie Pridham will talk of climbers and a look at the wide varieties available. The May 14th meeting is on Colour in the Garden, with Claire Woodbine; a look at how we see colour and how to produce continuous colour throughout the seasons.

Hardy Plant sale - 2nd May (Saturday) - 10.0 am to 2.0 pm Truro cattle market - Plenty of free parking.

Membership to the garden club is £10.00 a year, we are a friendly group and welcome gardeners of all abilities.

We meet in Tresillian Village Hall on the second Thursday of the month from September to May. The meetings are from 7.30 pm to 9.30 pm. Non-members are always welcome to any of the meetings at a cost of £2.50. In June, July and August we are out and about garden visiting.

Please note that times and dates are likely to change for the foreseeable future

Contact Lorraine Sutton Tel: 01872 520 609 or Cheryl Chatterton Tel: 01872 520 537



Photo: © Keith Littlejohns RHS Hyde Hall, Essex 2019/07/22

TRESILLIAN VILLAGE IMPROVEMENT GROUP

After a very wet and gloomy autumn and winter it is lovely to see the bright colour of the daffodils spreading throughout the village and along the river bank heralding the arrival of spring.

The annual litter pick will take place on Sunday 29 March, meeting in the Playing Field at 10 a.m. to collect hi-viz jackets, rubbish bags and litter pickers. If you would like to help, please come along that morning to join us.

With the thought of spring and summer in the offing, our group of volunteers have met to make plans for future plantings for the three planters, the boat and also the railing boxes and hanging basket outside Mary's Pasty's as well as the Memorial Garden.

We shall be entering South West in Bloom again this year but in a different category from the last two years when we were entered in the Village Pennant category for which we were awarded silver both times. Again, we would welcome volunteers to help clean and tidy up the village prior to the judges' visit which is usually in July.

Simon and Alison at the Wheel Inn hosted another quiz evening on 3 March with proceeds going to the costs of planting throughout the year. The evening was great, with good food and much talk and laughter before Alison challenged our minds with another of her brilliant quizzes. She certainly gets us thinking! We are so grateful to Simon and Alison for their continued support for our group. We raised £118 on the night for the Improvement Group .

We would like to thank St Clement Parish Council and our Cornwall Councillor, Mike Eathorne-Gibbons, for all their support which is not only much appreciated but also much needed.

All this work is carried out by a number of regular volunteers but we'd love to welcome new people as many hands do make light work. For example, volunteers on the watering rota only have to do that job three times a year – more volunteers would reduce this further.

Please watch out for village improvement events on the village website (tresillianvillage.co.uk) as well as the notice board by Mary's Pasty Shop.

If you have any ideas for further enhancement of our village, or would like to be involved with our group, then please contact Helen Nicholson: helennicholson@resource24.net or telephone on 01872 520295. Everyone is welcome.

Helen Nicholson and Lesley Dobel



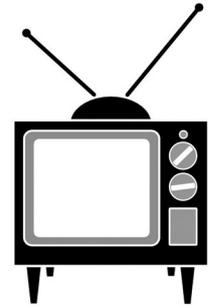
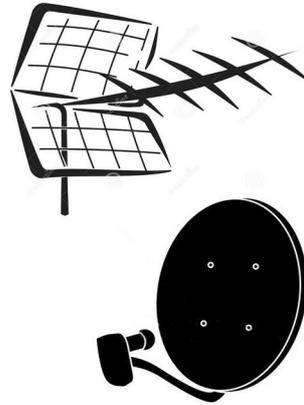
Photo: Tresillian Village Improvement Group – Litter Pick



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Cornwall TR2 4BE

Tresillian Midi Group

What a wet and windy winter we have experienced! However, spring is almost with us and the days are lengthening – think positive! Members of the Midi Group are enjoying their monthly meetings and are looking forward to our trip in March to Miss Molly’s Tea Room and Restaurant for lunch and a rummage around their premises – an old College housing the restaurant and antiques, vintage, retro and secondhand furniture, electrical goods and vintage clothing After lunch we are visiting the old Redruth Brewery site (now known as Kresen Kernow) to view the Tregellas Tapestries and the exhibition areas where the records of the former County Records Office are now housed – a report on our visit will be in the next issue of TRAM.

Our Christmas lunch was held at the Alverton Manor, Truro, and very much enjoyed by all our members. Secret Santa visited and I still marvel at what can be purchased for the sum of £2.

January brought Midi Merriment and we were all delighted that, when we arrived at the Church Hall, the car park had been completed and we were able to use it – wonderful! Many thanks to all those involved in this great improvement. We played beetle and the winner was Pat D. and the booby prize winner shall remain nameless! We had a delicious afternoon tea which was much enjoyed by all.

Our speaker for our February meeting was Sharon Cowburn who, together with her husband and three daughters, founded the Invictus Trust which supports adolescent mental health in Cornwall and were instrumental in the building of the unit in Bodmin comprising 14 beds for girls and boys aged up to 18. The amazing family were inspired in this work because their son and brother took his own life in 2010. The Trust also offers Anchor Fund grants to families who still need to travel out of county to access in-patient care. Further information on this is available on , www.invictustrust.co.uk

Midi Group gave a contribution of £140 from funds and contributions from members.

New members would be welcome. Our meeting in April is on 21st April at 7.30 pm. in the Church Hall and our speaker is Penny Praill on “A Funny Job for a Woman. Do come along – you will be made most welcome.

Shirley Anderson
Secretary

Tresillian Defibrillators

Our existing committee of three are all in their 70s and are not immortal.

The machines require very little attention provided their batteries are functioning and the pads replaced every three years or so; meanwhile the cabinets in which they are positioned simply need a regular short clean and check that they can easily be opened when needed.

The task is really for a small group of people with youth on their side and we are hoping that after reading this article a few might come forward to volunteer their services.

We have a defibrillator fund which should have sufficient money in it to pay for any replacements necessary, though with recent demands the fund is now at a low level despite recent help from Cornwall Council.

Anyone interested should initially contact me on 01872 520185 or call at Millcot, Tresillian (roughly mid-way between The Wheel Inn and the fuel station.

Thank you.

Philip Buddell

Tresillian Open Gardens

Unfortunately, after 20 years of holding this event and raising lots of money for charity, due to the ever increasing problem of car parking on and around the Polsue Estate, which has increased year on year over the last five years, I have been forced to make the sad decision to no longer hold this event.

This bi-annual event was started in 2000 with just two gardens opening, this was increased to an average of ten gardens taking part over the proceeding years up to 2018. A total of 15 residents of Tresillian have participated over the years in opening their gardens.

We have raised nearly eight thousand pounds for various charities and the funds were distributed as follows:

RSPCA Venton Centre at St Columb, which was used towards the upkeep for all the abandoned, neglected, and unwanted animals that come into their care.

Cornwall Hospices

Tresillian Village Hall. The monies donated helped modernise the hall by subsidising the replacement of Chairs, tables, new boiler, new drainage system, and refurbishing the ladies toilets.

Tresillian Allotment Association

Tresillian Defibrillator Fund

Tresillian Playing Field replacement of Play Equipment Appeal.

I would like to take this opportunity to thank all the Tresillian garden owners that have participated in this event over the years by allowing visitors to wander around their lovely gardens, and all the other volunteers who contributed by taking entrance money, drawing maps, making and putting up signage on the day, hosting the pop up tea room and the many volunteers who have participated in keeping the visitors well fed and supplied with endless cups of tea and coffee; plus all the washer and dryer uppers. The tea room over the years has had rave reviews for the excellence of the home made cakes, many donated by generous neighbours, friends and family members.



Photo: ©Keith Littlejohns. 2nd Left: Les Sutton, Right: Lorraine Sutton

I would like to thank Pam and Sue for selling hundreds of plants, that have been carefully nurtured over the year into amazing specimens from seeds, cutting and divisions, again our plant sales reputation grew so well that many visitors made it their first port of call before starting the garden tour.

Lastly a big thank you to all the neighbours in the past for their patience and support that have made these events so successful.

Lorraine and Les Sutton

TRESILLIAN ALLOTMENT ASSOCIATION

Hopefully the cold, wet, winter weather will soon be receding and once again the allotmenters will be emerging from their warm and cosy homes to venture forth to tend their plots, although some have been spotted doing a little weeding, tiding and preparation work in between the weather fronts.

Geoff Jones a new allotmenter who has just taken on a plot, also has an interest in fruit trees, which is handy as his plot is next to the small orchard that was planted three years ago, Geoff has kindly volunteered to help look after our orchard and has also donated and planted a couple of heritage apple trees.

At the time of writing there is only one vacant plot remaining, so once this one has been let there will be, for the first time a waiting list.

The Tresillian plots are much smaller than the old traditional size allotments of 250 square metres which was the size councils decided would be large enough to provide a family of six with all the fruit and vegetables they would need to sustain them through the year. Being 10 metres x 5 metres the Tresillian allotments give the plot holder 50 square metres which is a nice manageable size, although you are allowed more than one plot if available.

As we have plot holders of all ages and gender, the myth of old men in flat caps being the only ones that can find time to tend an allotment plot is finally being put to rest, at least on our site.

I am pleased to say that the Tresillian Allotment Association committee haven't been idle through the winter months, and have secured a grant from Councillor Mr. Mike Eathorne-Gibbons so that we can erect a wooden 6ft x 4ft shed to house a camping loo. This work in between the showers has now been completed, thanks to David Jones & Colin Honey who gave up their time to put the shed together and put it in place. I am sure the new facilities will be appreciated by all the plot holders, much more sophisticated than a bucket!!

The considerable rain storms have left the allotments rather waterlogged and slippery at the moment so we are having to be careful where we walk. The high winds have damaged some of the net tunnels and will need repairing.

On a happier note, the fruit trees are showing signs of blossoming soon and as the month progresses, we will all be getting into the swing of sorting out early seed potatoes and onion sets. Hopefully, we may be able to add a bench table in the wooded area so that the plot holders will have somewhere to sit and eat picnics.

The benefits of having an allotment are immense. Apart from having fresh food to eat that you have grown yourself, free from chemicals and pesticides, keeping an allotment keeps you fit and is great fun - that is once you have cleared the plot ready for planting!

A full plot measures 10 x 5 metres and costs £35.50 per annum, this includes water rates. Half plots are also available.

If you are interested in an allotment and would like to have a look around the site or would like more details please feel free to contact Lorraine on 01872 520609 or Lesley on 01872 520568.

Tresillian Allotments Newest Arrival

Flushed With Success!

A big thank you goes to Councillor Mike Eathorne-Gibbons for releasing funds from the Cornwall Community Chest for our new toilet shed.

This is much appreciated as the plot-holders are not only from Tresillian but also adjoining parishes and areas and this very useful amenity has been gratefully received by all.

This will also make our allotments all the more appealing to any potential new plot holders in the future.

Grateful thanks go to the two engineers Colin and Dave, who put up with a lot of “instructional advice” from the ladies, who should have stuck to their allotments instead!



Tiddlywinks

Come and meet other parents and carers in the village.

Tiddlywinks is a parent-led play group for babies and toddlers (under 5)

Play time, snacks and craft activity plus music time to finish.

**10 am – 12 noon every Friday
at Tresillian Methodist Chapel, Lower Park.
(Near the Playing Field)**

£1 donation

**Contact Helen Nicholson
Tel 01872 520295
email helennicholson@resource24.net**

Tresillian Walking Group

I am afraid that the awful weather conditions throughout November and December curtailed the walking group so we waited till January to meet up for our December in January Christmas Meal. We met at the Victoria Inn at Threemilestone for a lovely meal with Christmas crackers and also to read out the mottos to each other with lots of groans at the jokes. It was great to catch up with all our news

We were so lucky that the February walk took place on such a lovely sunny day. I had to find a walk, which would be circular, reasonably easy and not too long with no stiles and dry underfoot if possible. Fortunately, I found the perfect solution, a round trip along the top of the Eden Project. There were no stiles to navigate, car parking, two cafes and loos, all free and even better, we could take the dogs into the cafe. The Eden walk from the iWalk Cornwall website is:

<https://www.iwalkcornwall.co.uk/walk/eden>

We could park in the Strawberry Car Park, which each of us missed because it was not so obviously sign posted. The car park attendants on the main carparks mentioned as the last party arrived "what another lot gone wrong" as they redirected us back to the correct car park.

The walk started by going out onto the road and turning left then up a slope (muddy – didn't get away with it after all) leading upwards and taking us around the rim and at times through paths taking us into the main entrance of the Eden Project. Over halfway through, we stopped at the cafe for a very welcome brew and after using the facilities, backtracked a little way and wandered off onto the Clay Trail.



The photo shows the waymarker at the start of the Clay Trail footpath, which we walked for a while before re-entering the Eden Project. Unfortunately, I didn't realise that I had missed a turn due to gossiping instead of paying attention! This would have taken us past the SkyWire. This is England's Longest and Fastest Zip-Wire according to the blurb on a leaflet that I had picked up previously.

So we continued up to the Strawberry Car park instead and then set off for home. We will do this walk again probably walking the opposite way round so that we may see how scary the zip-wire really is.

In March, we travelled up the A30 to Bodmin and went into Lanhydrock House so that we could wander around one of the many pathways in the grounds. There are four main walks, varying in difficulty, from 11/2 and some of our party elected to walk easier paths than the rest. (none of us are getting younger and some knees are wearing out quicker than others).

The walks vary from 1.5 miles to 4.3 miles and the majority of us went for the latter. Unfortunately, we were scuppered right from the start - the footpath was closed due to a "DANGEROUS TREE!" Visions of the Whumping Tree in the Harry Potter films came to mind at this moment. (For those that managed to miss these films, this tree was a nasty piece of woodwork with the ability to soundly clout anybody that got too near).

Back at the drawing board so to speak, we ventured onto the parkland walk (3.1 miles) and enjoyed a lovely walk with outstanding views of the estate, house and magnificent trees.

We walked around the grounds and by the magnificent house towards the Fowey River and crossed over to the far side to continue the circular walk then back into the grounds via the ancient Respryn Bridge with its V-shaped pedestrian passing places. This is a Medieval five arched bridge and falls within the Listed Buildings register like our bridge at Tresillian. It has also been clobbered before now but two circular stone cylinders have been added at either end to narrow the bridge entrances.



Photo: © My Cornwall

Our walking group will probably be out of action for the next few months due to the Corona Virus.

Lesley Jones

Holy Trinity and Other Parts of Tresillian Affected by Floodwater 13th February 2020

Heavy overnight rain coupled with a high tide affected several parts of the village. The most noticeable was overflow from the leat that runs downhill past Holy Trinity gushing mud and debris over the road in front of the church and Tregothnan's Gatehouse driveway.

All photos © Keith Littlejohns



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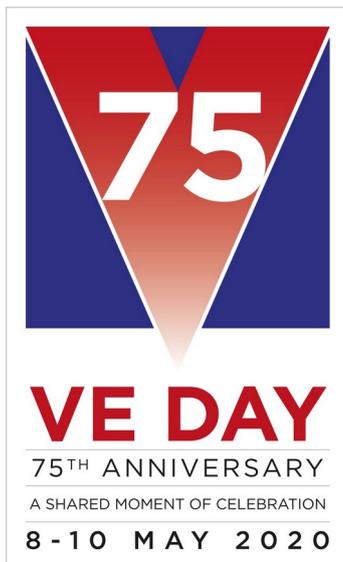
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VE-DAY 1945

This year marks the 75th anniversary of VE Day.

News travelled slowly in those days, but my memory has always told me the events of the few days that marked the end of World War II happened very quickly.

Adolph Hitler committed suicide on Monday the 30th April 1945. The announcement was made public in the United Kingdom on Wednesday the 2nd May, together with a statement from Admiral Karl Doenitz that he was now the German leader and that “Germany will fight on,” or “The struggle will go on,” (depending on what newspaper you were reading, or perhaps the translation capabilities of its staff. This was the same day that Berlin capitulated to the Soviet forces. On the following Monday, 7th May he ordered the unconditional surrender of Germany to the Allies.

On announcing this on radio Prime Minister and wartime leader Winston Churchill declared, triumphantly, “Tomorrow is VE Day.”

And what a day Tuesday 8th May was.

I suppose there was some radio announcement saying there would be no school that day, or perhaps everyone took it for granted.

I recall going with my grandfather by bus to our small town. The bus was packed and the conductor told us there were extra services being put on. (During the war years we had just three buses a day each way.)

The town was like I had never seen it before and was never to see it again. Flags and bunting that had not seen light of day since 1939 festooned every telegraph pole and gas lamp. The streets were crowded with people milling back and fore greeting friends (and strangers) with shouts of joy. I suppose there were few men between the age of 18 and 40-ish, they would be either celebrating in their camps in Europe or (perhaps largely forgotten by many that day) still fighting desperately in the Far East or suffering the extreme horror of the Japanese prison camps.

While my grandfather was enjoying a pint of ‘mild’ with friends I was sipping at a large glass of ‘pop’; perhaps lemonade, but maybe ginger beer, dandelion and burdock or American cream soda, all popular soft drinks manufactured by a local company, Thomas and Evans (Porth) Ltd. under the brand name ‘Corona’. (Later to be part of the Beechams Group and known nationally.) The crowds in the bar and the street merged to the extent that one was swept indiscriminately between street, pub and shop.

Of the shops I remember that the small (and I *do* mean small) shops selling, sweets, cakes and the like were open for business, but the larger grocery ‘chain-stores’ were closed, as were tailor’s shops and the like. There were three fish and chip shops in the town and I am sure that VE Day was, in their proprietor’s eyes remembered by £££ signs!

A school friend had an orange, a fruit seen by very few children since 1939. It seemed he had been given it by an American soldier, one of a few based at the nearby Sennybridge Camp. (I was later told they were GIs who were unfit for military service and were engaged in administrative work.) Generously, he offered a segment each to me and another friend. I don’t know whether I had tasted oranges before the war; if I had, I had forgotten what they tasted like. Whatever, I found this morsel repulsive, have never partaken of this fruit in the 75 years since, and find the very smell rather horrible. Such gratitude!

Living in the country I saw nothing of the evening – nor past-midnight – celebrations that I now know went on until the participants reached sublime exhaustion, but I still distinctly remember my grandmother making a fabulous feast of a VE Night supper of faggots and peas with roast potatoes. A favourite family dish and a most appropriate way to end a day to be remembered forever.

VE Day Tresillian

What then of Tresillian on VE Day?

When VE Day was announced the late Mr Percy Ellis, then landlord of The Wheel Inn and owner of the local radio and electrical business, quickly rigged up an amplifier set and, together with suitable music, the various Government announcements rang out throughout the village until well past four o'clock the following morning.

Mrs Joyce Keenan (née Kneebone), who during the war years lived with her family at Tregothnan Lodge, recalled: "It was good. It was fun. Our happiness was beyond expression. But somehow, we couldn't yet believe it."

Some 25 years later, at a function to raise funds for building the Village Hall (a 'walking treasure hunt', I believe), Joyce told me a little more of that night: "In those days we would have dances in the Church Hall, a gramophone and records provided by Mr Ellis. It was always too small. That night it didn't matter; we danced in the road. From The Bridge to The Wheel. From The Wheel to the Oast Houses. In and out of The Wheel, in and out of each other's houses as the fancy and invitations took us. A fun night I shall never forget, and I don't think anyone else in Tresillian will either."

The Tresillian of VE Day

Just what was our village like those 75 years ago?

Smaller, of course, there was no Lower Park, Fairfax Road, Heron Close, Polsue Estate nor Creekside View. Other than the new rectory the buildings on The Bridge will have been very much as they are now, although there has been some change of use. One of the cottages opposite the Church Hall was the Post Office and general store. The single-storey building attached to Brick House was the blacksmith's shop. A feature that would *not* have been there on VE Day was the ironwork and chains that line each side of Tregothnan drive: they had long since gone to make much needed armaments for the war effort.

Although the Playing Field had been just that for about 20 years, the Village Hall would not be built for another 28 years, although the land was given to the village for that purpose by the eighth Viscount Falmouth (father of Lord Falmouth) in 1948. The land for the cemetery was given a little later. The land for all these facilities was previously part of Bridge Farm, now Bridge House.

Writing in TRAM in June 1979 the late Mr Harold Maycock recalled the Tresillian of 1954, when he and Margaret came to the village to live. (It would have then changed very little since 1945.)

"What a picturesque village it then was, with the Cornish hedges full of flowers in the summer

"one came to the Toll House, still occupied, and an adjacent cottage with roses growing up the outside walls. [the cottage] has since been demolished when the road was widened in the 1960s.

There was a similar cottage opposite The Wheel Inn and on sunny days one could often pass the time of day with Mr Hocking, sitting in his kitchen chair outside his front door. Opposite the Toll House was Mr Dick Rowe's shop (now Daisy Fay's Day Nursery). Mr Rowe (father of the late Mr Lewis Rowe) was a well known character with a great sense of humour who eventually had his own chair in The Wheel Inn."

(Harold went on to write of The Wheel, and that is better incorporated in a history of the inn.)

"Opposite The Wheel was a pull-in, or lay-by, with water from the stream filling a trough for horses to drink from while their owners no doubt quenched their thirst on the other side of the road."

Harold's memory of the houses that stood at what is now the entrance to the Polsue estate, and the cottages of Bone Cellars Row were all fronted by Cornish hedges. The hedges were removed, along with some sizeable part of the gardens, in the same 1960s road widening. "In my opinion," he writes, "this has ruined the character of a lovely village." Even without having seen them, one can but agree.

And what came Next?

Although there was no longer any fear of invasion or bombing the people of Great Britain would not know peace until VJ Day still three months away. The late Mr Bill Barcott and the late Mr Harold Sage were still suffering in the horror of Japanese POW camps.

On the 'Home Front' life did not get better; indeed for a few years they got worse. The rest of the 1940s were very much the 'Austerity Years'. Rationing not only continued, but many commodities were scarcer than during wartime. Bread went on the ration for the first time. 'Clothing Coupons' became the most needed – and probably the most black market traded – item. Furniture was nigh on unobtainable. Coal was extremely scarce, it was rationed but in many areas the suppliers did not have sufficient to meet all their customer's ration allowance. For domestic consumers power cuts became the norm.

In 1945 Central Concrete Co, a subsidiary of ECLP, St Austell, commenced production of their Cornish Units. No need for explanation, Lower Park is an early example. The first was built at Bugle in 1945. By 1955 forty thousand had been built, to be found as far afield as Yorkshire and the South Wales coal-mining towns.

TV in the UK ceased to broadcast at 12.35 pm on the 1st September 1939. The final programme was a full-length Mickey Mouse cartoon. Service resumed on the 7th June 1946. Broadcast from Alexandra Palace, a single channel (BBC of course) went out a very small audience. The first programme to be broadcast? The same Mickey Mouse cartoon that had so abruptly ended in 1939. How appropriate that the first programme after a seven year gap should be a repeat.

75

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75th ANNIVERSARY
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Tribute to The Millions

Let us remember those who so selflessly gave their lives at home and abroad, whose sacrifice enables us to enjoy the peace and freedom we have today.

Let us remember those who came home wounded, physically and mentally, and the friends and family who cared for them.

Let us remember those who returned to restore their relationships and rebuild their working lives after years of dreadful conflict and turmoil.

Let us remember the families that lost husbands, sons and sweethearts.

Let us remember the servicemen, merchant seamen, miners, brave civilians and others from Commonwealth and Allied countries who fought, suffered and died during several years of war.

Let us remember those in reserved occupation and the brave people who kept us safe on the home front - the doctors and nurses who cared for the wounded, the women and men who toiled in the fields, those who worked in the factories, who all played such a vital role in the war effort at home.

Bruno Peek
Bruno Peek LVO OBE OPR
Pageantmaster
VE Day 75

Celebrating VE Day in Cornwall



© The Western Morning News. The Bugle Band in the main street of Bugle, Cornwall



© The Western Morning News. VE Day street party in Cornwall, location not known.

(Lesley’s musings).

Although I am not a “War Baby”, I still have my Ration Book, as used in Grimsby where I was born in 1951. Rationing formally ended 4th July, 1954, with last items derationed were meat and bacon.

My Grandmother had a set of shelves in the house covered with a curtain over all the jams and preserves that she made during the war years. I still remember this cupboard up to my teens and she would occasionally produce a jam jar, which was probably a health hazard by this point. She had lost her sense of smell so would taste some of the contents and state that this was fine but I can remember my Aunty Peg saying that it nearly took her head off as it was smelling so alcoholic.

George referred to the Cornish Units in his article. In the 1980’s, I lived in Newport, South Wales and when walking to the local shops, I would pass an area of Pre-fab houses built to house families that had been bombed out. These were still in use and I noticed that there was an Anderson Shelter in one garden, which many of us will have seen these still being used after all these years but put to other good uses.

Lesley Jones

(Keith’s musings)

I was also not a war baby having been born in June, 1949 in Ealing, a leafy suburb of west London. However, as a young child growing up in that era the aftereffects of wartime were numerous and defined many aspects of early childhood. Rationing being the most notable with many foods and household products still in limited supply. Meat was available in only small quantities and very expensive. A McDonald’s hamburger would have been science fiction back then. Sweets for children were practically non-existent so we had to get our sugar fix from mum’s delicious home made cakes when she was able to buy sufficient ingredients. After rationing finally ended in 1954 my mother played shops with me using her old ration book coupons as a way of teaching me about using money – funny the things that stick in your memory.

We still had an Anderson air raid shelter in our back garden that was used for storing all sorts of things such as deckchairs and odd pieces of timber. When my father bought me a pair of white rabbits as a birthday present, I must have been about 5, the shelter was converted into a generous size rabbit hutch. Yes, my rabbits had a Hilton Hotel as their private pad, and they loved dandelions from the garden. It was finally demolished in the mid 1960s to make more space for a fast maturing Bramley apple tree.

Post-war home entertainment consisted of several items that were also relatively common in pre-war times. Radio was the dominant electronic entertainment gadget being a friend to millions with music and comedy to lighten the heart and news, however good or bad, to keep the nation informed. The gramophone played an uplifting role by bringing music from around the world into the home, even if the brittle shellac 78s were a tad costly. Immediately post-war a tv set was still a rare and very expensive novelty and would not have any real impact on family life until the coronation of H M Queen Elizabeth II, on June 2nd, 1953, one day before my 3rd birthday that saw a surge in the sale of tv sets if still only for the relatively few.

Keith Littlejohns





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Recipes

Easter egg biscuits

Bake these easy Easter egg shaped biscuits then choose from two options to decorate them.

Makes 18 biscuits

Ingredients

300g plain flour, plus extra for dusting
150g white caster sugar
150g slightly salted butter, chopped
1 large egg
2 tsp vanilla extract or vanilla bean paste

For the iced option (1) see below

500g royal icing sugar
your favourite food colouring gels

For the jammy middle option (2) see below

icing sugar, for dusting
400g apricot jam, or lemon curd



Method

Weigh the flour and sugar in a bowl. Add the butter and rub together with your fingertips until the mixture resembles wet sand, with no buttery lumps. Beat the egg with the vanilla, then add to the bowl. Mix briefly with a cutlery knife to combine, then use your hands to knead the dough together – try not to overwork the dough, or the biscuits will be tough. Shape into a ball, then wrap in cling film and chill for at least 15 mins. Heat oven to 180C/160C fan/gas 4. Line two baking trays with baking parchment.

Dust a work surface with flour. Halve the dough, then roll one half out to the thickness of a £1 coin. Use an egg-shaped cookie cutter approx 10cm long; or make a cardboard template to cut around to make as many cookies as you can, then transfer them to one of the baking trays, leaving a little space between the biscuits for expansion during baking. Repeat with the other half of the dough for the other baking tray.

(1) & (2) If you are making both iced and jammy biscuits, only make holes in a quarter of the biscuits.

(2) If you want to only make jammy biscuits, make holes in half of the biscuits.

Bake for 12-15 mins, until the biscuits are pale golden brown, not too dark or they will burn. Cool on the sheets for 10 mins, then transfer to a wire rack to cool fully. Once cool, decorate to your liking.

1) To decorate the biscuits with icing, add enough water to the icing sugar to make a thick icing – it should hold its shape without spreading when piped. Transfer about a third of the icing to a piping bag fitted with a very small round nozzle (or just snip a tiny opening at the tip). Pipe an outline around the biscuits, then pipe patterns in the middle – lines, spots and zigzags work well. Leave to dry for 10 mins. Divide the remaining icing between as many colours as you'd like to use, then use colour gels to dye them. Loosen each icing with a few drops of water, then transfer them to piping bags. Use the gel-coloured icing to fill the empty spaces on the biscuits. You may need to use a cocktail stick to tease it into the corners. Once covered, leave to dry for a few hours.

2) To make the jammy middle biscuits, dust the biscuits with holes in the middle with a heavy coating of icing sugar. Spread the jam or curd generously over the biscuits without holes, then sandwich the dusted side up biscuits on top of them.

Will keep in an airtight container for up to five days.

Lamb Pies

Also known as mutton pies, these have a long history. In the Middle Ages, they were viewed as luxurious, decadent English style food and frowned upon by the Scottish church. As time moved on, they proved to be convenient, sustaining snacks for working people, who would buy them hot from pie-men or pie-wives in the city streets. The space in the top of the pie, created by the raised crust, would sometimes be filled with gravy, beans or mashed potato.

Makes 8

Ingredients

For the hot water crust Pastry

750g Plain Flour

320ml water

1 tsp fine salt

240g Lard

1 egg yolk, beaten, to glaze

For the filling

1.2kg minced mutton

(traditional, but use minced lamb if preferred)

1/2 tsp ground mace

1/2 tsp freshly grated nutmeg

150ml gravy or stock

Salt and white pepper

Equipment

Large baking tray

18cm plate

10cm saucer



Method

Line a large baking tray with baking parchment.

First make the filling. Mix the ingredients together, seasoning well and working the liquid into the meat. Divide into 8 portions and mould each into a ball. Refrigerate while you make the pastry.

Have ready 8 strips of baking parchment, about 5cm deep and 25cm long, to wrap around the pies, and 8 lengths of string to secure them.

For the pastry, put the flour into a bowl. Heat the water, salt and lard in a saucepan until just boiling. Pour the mixture onto the flour and mix together with a wooden spoon. Once cool enough to handle, tip onto a lightly floured surface and knead to a smooth dough.

Working quickly, cut off a quarter of the pastry and set aside. Roll out the remaining dough to a 5mm thickness and cut out 8 circles, 18cm in diameter, using a plate as a guide. Roll out the remaining pastry and cut out 8 lids, 10cm in diameter, using a saucer as a guide.

Place a ball of filling on each large pastry circle. Gather the pastry around the meat and bring up the sides to form the shape of a pork pie, stretching the pastry so it comes above the meat by about 2cm.

Dampen the edges of the pies with water and press the lids on top of the filling. Seal the edges together with your fingers. Wrap a strip of parchment around the pie and secure with string, to make sure the pie holds its shape when cooked. You will find this easier to do if you have someone to help you. Repeat until you have 8 pies.

Put the pies on the baking tray and cut a steam hole in the centre of each. Brush with egg yolk. Leave to rest in the fridge for 30 minutes.

Meanwhile, heat your oven to 200/180 Fan/Gas 6. Bake the pies for 35-40 minutes until golden brown. Serve hot.

This article was submitted to TRAM in 2001 by Mrs Kitty Charlton, a former member of the Residents Association and an enthusiastic member of U3A. She moved to Connecticut, USA, to live with her daughter, Lyn and son-in-law, Harry.

Food at Home

Many years ago in South Africa, I heard my father say to my mother, "What I would really like is a roast on Sundays, preferably roast beef and Yorkshire pudding, leftover cold meat in batter on Mondays; Brown stew on Tuesdays; toad-in-the-hole or bangers and mash on Wednesdays; cottage pie on Thursdays; corned beef and cabbage on Fridays (my father didn't like fish and we were not Roman Catholics), and on Saturdays, liver and bacon."

He was half-joking, but half-serious too, I think. Typical British meals of those times; both my parents were born in England.

Years later in Swaziland, I was amused to hear my late husband, Bob, express almost an identical wish. He too was British, and the only fish he enjoyed was grilled kingklip, a delectable South African dish.

Bob had been on business trips around the world for several years, entertaining and being entertained in many restaurants and hotels. "I am sick and tired of food dressed up in sauces," he declared. "You don't mind if we eat at home, do you? Your meals are so much nicer."

Clever man! Fortunately I enjoyed cooking, but I also liked to experiment with different dishes. So, for a change, we would have lasagne, Irish stew on St. Patrick's Day, Aberdeen sausage on St. Andrew's Day, Indian curries, which we both loved, and bobotie, a tasty Cape-Malay dish. In the perfect South African climate we also enjoyed lots of "braais" (barbecues) with our family. Both sons-in-law were dab hands at a braai, knowing exactly when the coals were just right for the various meat cuts, chicken and vegetables.

Eight years ago we returned to live in Britain and settled in Cornwall. How Bob enjoyed the best pork pies, Cornish pasties and pork sausages.

But, let us not forget desserts. Both my father and Bob insisted that a meal was not complete without a pudding or dessert of some kind. So, like my mother before me, I cooked bread and butter pudding, creamy rice pudding, apple tarts and pies. Steamed and suet puddings such as jam roly-poly and spotted dick, which my father really enjoyed, were not eaten in South Africa, but we often had bananas and custard, fruit salad and cream or ice cream. And of course there were so many delicious fruits: paw paw, melon, mango, guava, pineapple. Grapes, peaches, nectarines, pears and apricots, as well as apples, oranges and "naartjies", which are similar to mandarins or satsumas but much nicer. We were spoilt for choice.

Now, in the United States of America, I am tasting new and different kinds of food. There are so many unusual fruits and vegetables served in different ways; hash browns, corn chowder, New England clam chowder, bagels, and tasty steak; heaps of different types of squash, and pumpkin bread and pumpkin pie are delicious. American apple pies are very different from English ones, Pancakes with maple syrup, and pecan pie is great.

I think I have to agree with Owen Meredith who wrote:

"We may live without poetry, music and art,
We may live without conscience, and live without heart.
We may live without friends, many live without books,
But civilised men cannot live without cooks."

Bon Apetit!



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Tresillian Village Playing Field Committee

We are all looking forward to the rain stopping so we can get outside! Hopefully it will dry out a bit soon and you can enjoy the playing field without getting too muddy.

We are waiting on an insurance claim to mend the wall knocked down by a car at the end of last year. We have applied for a Green Flag Community Award and judges will be visiting in the summer. We need to make the Playing Field look at its best for that, so if you can lend a hand, please get in touch with Helen Nicholson or Andrew Tullett. In particular, please pick up litter and take it home. The costs of having a bin are prohibitive, so please help us out and take it away.

We've got some great events planned this year: a fundraising concert in the Village Hall on 25th April with the Teachers. Great live music and good company – come along and have some fun, whilst raising money for the Playing Field. The Bonus Ball continues in the Wheel Inn – thank you to our supporters and to Simon for running this for us.

In June, we would like to invite everyone in the village to the Big Lunch. Part of a national initiative which started in Cornwall, at Eden, this is an opportunity to come together over food and meet your neighbours. Bring along a picnic, or have a hot dog from our BBQ, and say hello to friends and neighbours. We'll plan some activities too.

We've also got plans emerging for a wildlife day, and another SMITE competition. Watch out for posters, or follow our Facebook page. The Playing Field is for everyone to enjoy, so please come along and enjoy it!

Helen Nicholson, Chair – Playing Field Management Committee



Things to do in your chair!

In this time of worry with this dreadful virus looming over our heads, a lot of us of a certain age have decided to self-isolate ourselves. This could be a time to hibernate but there are things we can do.

We must above all keep ourselves as fit as possible rather than stew and sit around so please make it part of your day to move around your house every hour and when it is warm enough, roam around into your gardens to get a breath of fresh air.

You know how fit you are but you can do gentle exercises when just sitting around in your chair and this can be a good excuse to exercise a bit. Do take care though. Are you able to get out of your chair and stand up in one fluid movement for example? This may be easier to do from a dining room chair, where you sit towards the edge and even if you need to swing your arms to do this, stand up without using your arms.

Still in your chair you can shrug your shoulders up to your ears take a deep breathe and then drop them (shoulders not ears by the way) rapidly while breathing out big relaxing wooshing sound. This is great for getting rid of tension.

Again in your chair, can you stretch your arms out slowly in front of you, clasp your hands and then raise them above your head and then down again before pulling them into your lap. You could place your feet just touching the floor and then slowly flex your feet up and down for a few times. Then try getting your ankles working by rotating them in one direction and then back the other way. Even harder, can you rotate them in opposite directions at the same time. This can be a bit like tapping your head while you rub your tummy!

Try some deep breathing in and out to get your lungs working by expanding your chest. If you place your hands gently on your upper chest so that your fingers are just touching when you have breathed out, then see if your fingers move away from each other when you breath back in. You can try this again on your stomach and belly for really deep breathing. **WARNING** – If you become lightheaded at any time, then stop immediately and rest.

Now is the time to read that book or do some knitting, a jigsaw, paint a masterpiece but keep active safely.

Spring has sprung and although it has been very wet and windy, we have been so fortunate with the early spring flowers around our area.

Haven't the Daffodils been lovely, there are primroses all over my garden. walking around our estate and driving into Truro, I can honestly say that I haven't seen such magnificent Magnolias as we have had this year. (apologies to all hay fever sufferers)

Lesley

Obituary

John Trevor Dobel

Much loved husband of Lesley

Loved brother of Jill, uncle of Sue and John
and great uncle to Callum, Alistair and Lochlan

It is with great sadness that we record the death of John, a much liked and respected member of the Tresillian community.

For many years he has laid the Royal British Legion Poppy Wreath at the Armistice Day Service at Holy Trinity Church, then, for the past six years at the Memorial Stone in the Playing Field.

He was an enthusiastic member of the Village Improvements Group and a supporter of many other village activities.

There will be a service in appreciation of his life at a later date

We offer our condolences to Lesley and the family.



Obituary

It was with great sadness we learned of the death of Mrs Mary Thomas.

Mary was the first Treasurer of the Tresillian Residents Association when it was formed in 1968 and continued in that office for many years. During those years it was no small task: as well as the annual fete the Association was presenting numerous indoor and outdoor activities ranging from quizzes to fancy-dress dinner dances with Christmas parties, boat trips and lots of other cash-intensive things in between.

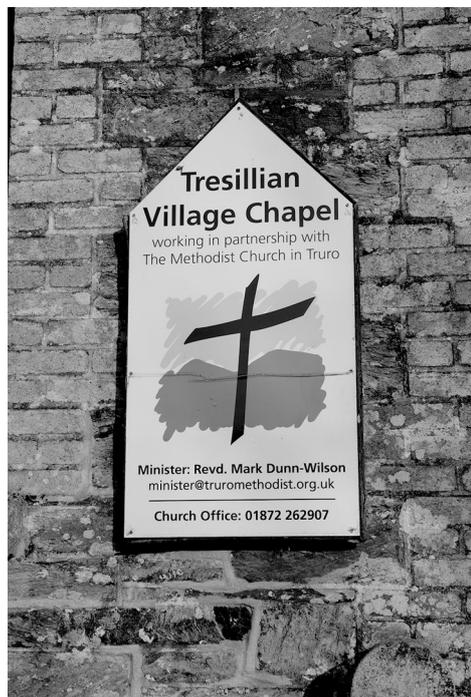
For several years Mary was a St. Clement Parish Councillor and was a Governor of Tresillian School

Many older residents will have known her as receptionist at Probus Surgery.

She will long be remembered with affection.

We offer our sympathy to Caroline and Christopher and their families.

From The Chapel By Revd Mark



Last weekend I was in Tesco's. (Nothing odd about that of course). Tesco's was full of people. (Nothing odd about that really, either). I was just rounding the corner by the dog food (another ordinary enough event), when I came face to face with someone I had not seen in person since leaving college 35 years ago! We walked past one another, and then, in one of those moments that you think only happen on television, we both paused and turned towards each other as the light of recognition began to flicker in both of our minds!

Amazing. An unexpected encounter that changed the direction of my day.

We are in the Easter Season, and the Bible tells of an unexpected encounter that changed not just the direction of a person's day, but their whole life. In fact, some would argue, an encounter which changed the direction of the entire human race.

Some women had returned to the tomb in which Jesus was buried in order to care for his body,, hurriedly entombed a few days before. But they found the grave open and the body of Jesus gone.

They were afraid, and ran away from the tomb but, the Bible tells us 'Suddenly, Jesus met them'.

An unexpected encounter that changed the direction of their lives.

Christian people believe that at the heart of the Easter experience is the man Jesus who surprises us by his presence.

- When those women expected to be face to face with the reality of death, they unexpectedly encountered a living Jesus.
- When those women expected to be struggling with the pain of loss, they unexpectedly encountered the living Jesus.
- When those women expected to be grappling in the depths of despair, they came face to face with hope.

This Easter, I invite you to look for life in unexpected places; look for hope in despair and joy in sadness. Look for the evidence of love in amongst the evidence of hate, and kindness amongst hostility.

I encourage you to look for the LIFE that Christians call Jesus – because He is still very much alive and active in our world. Prepare for that surprise encounter.

God Bless you.

Tresillian Methodist Chapel

A warm welcome awaits you at 11 am each Sunday morning when we meet for worship

On the first Sunday of every month we have an informal 'café worship', when we enjoy coffee and cake, discussion, contemporary songs of worship, and a few words from an invited speaker. Do come along and give this style of worship a try – you will be very welcome!

Activities for Children in the Chapel

Regular activities for primary children take place in the chapel. Sunday Club meets at 11 am each Sunday, and during the holidays we have a variety of activities. Look out for posters around the village advertising any planned school holiday events.

Tiddlywinks for babies and toddlers meet every Friday morning at the chapel.

This is our first opportunity to wish you all a very happy 2020, though it seems a little late and Christmas seems a long time ago now. It was so good to see everyone at our annual Christingle service on Christmas Eve: the perfect start to Christmas.

We held a belated Christmas dinner for thirty people at the chapel on the 2nd February in aid of Emmanuel, our sponsored child in Uganda. We sponsor him through a charity called Compassion. Several friends from Holy Trinity joined us for a turkey dinner with all the trimmings, followed by some very tempting desserts, including Christmas pudding. It proved that a very small kitchen and a fairly small dining area are no bar to enthusiastic cooks and diners! Over £100 was raised and everyone enjoyed the occasion.

We are now looking forward to Easter and the spring weather. It was a rather grey and damp winter.

Our special dates, apart from our regular services, are as follows:
Sunday 12th April, Easter Day: Worship at Tresillian Chapel at 11 am
Sunday 10th May: Christian Aid Service at Tresillian Chapel at 11 am

Jean Tubb

Corona Virus

At the time of writing the situation regarding the spread of the Corona virus is changing daily. The Lunch Club and Coffee Morning gatherings are suspended until further notice.

Sunday morning worship will, at present, continue as normal but there will be no refreshments after the service.

Watch for notices and information on the Church and Village websites.

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News from Holy Trinity Church and Lamorran

It was a surprise to us all when, a couple of months ago, Canon Lynda told us that she would be retiring at Easter. We heard the announcement with sadness – we will be very sorry to lose her, both as our spiritual leader and one who has indeed become a good friend to us all, but we sincerely wish her and Chris all the very best in their retirement and with whatever future activities they become involved. Lynda will be taking her last service with us, and at St. Michael Penkivel, on Easter Sunday, both of which will be Holy Communion.

On Ash Wednesday we held an Iona Communion at 12.30 pm. As this was at the time when some worshippers would be taking a mid-day meal we afterwards gathered in the Church Hall and shared soup and rolls.

As we move through Lent several members will be joined by some of our friends from the Methodist Chapel on Tuesday afternoons to share thoughts and discussion on the prophet Isaiah.

There will be an Iona Communion at 6.0 pm on Maundy Thursday.

* * *

Our prayers are with Enyd Barron who is at present in hospital. We send her our best wishes for a speedy and full recovery.

* * *

It has been an eventful 'up-and-down' period for Holy Trinity and its surrounds!

The 'up' part is the much appreciated car park at the rear of the Church Hall. We are extremely grateful to the Tregothnan Estate for providing the land and carrying out the excavation and landscaping to provide this much-needed facility. Our sincere thanks go to Lord Falmouth, Hon. Evelyn Boscawen and Mr Andrew Jarvis, and to all involved.

The 'downs' were all a result of the atrocious weather of the past few months. Just before Christmas days of torrential rain brought a mass of soil, stone and silt down the leat at the side of the church, blocking the drains and flooding the surrounding area. Several tons of mud piled up against the wall of the church. To add to the problem part of the drainage system, under the church, became blocked, with the result that water came up through the floor, running out of the porch door, soaking the greater part of the floor, leaving behind an even quarter inch layer of red-brown mud

There were fears of potential damage to the organ but, happily, this did not happen.

Needless to say Clive and Nick were right there in and among it. Richfords Fire and Flood brought in some heavy-duty equipment to remove the mess and dry out the building. With pews moved and carpets temporarily lifted, de-humidifiers were brought in to dry things out. (There were no complaints of a cold church that following Sunday, with the de-humidifiers turned off just for the service the temperature was that of the warmest summer's day!)

Christmas services went ahead as normal.

Then came the New Year – and Storm Clara; and although the improved drainage saved the interior of the church from any flooding the leat was again blocked and the surrounding area, including Tregothnan drive, the road to St. Michael Penkivel and the gardens and paths of the properties on the opposite side of the A390 resembled a lake. More heavy work.

And after that heavy work came – Storm Dennis. And ... I will just say déjà vu!

The New Year was spent cleaning up the mess outside. Apart from repeated cleaning out of the leat (at least seven times since the first of January) our volunteer maintenance gang have been altering the drainage system to reduce the likelihood of future flooding and contractors have removed eighteen tonnes of silt from the church yard, and have laid new, clean chippings across the front of the church.

Apart from praying for warmer, drier weather, after settling our insurance claim, we are left with the small problem of finding £500 to meet the insurance excess.



Lunch Club continues on the third Thursday of each month. We can always be sure of excellent food and a good social gathering. Please remember, be sure to book your place. Call Gillian on 01872 520566

Coffee Mornings are also continuing on the first Tuesday of each month. Everyone is welcome to join us for a free coffee (or fruit juice). 10.30 am to 12 noon at Mary's Pasty's.

* * *

You are always welcome to our services at Holy Trinity but perhaps particularly so at Easter. There is always that feeling of a New Happy Beginning in church on Easter Sunday morning; celebration of the Resurrection of our Saviour with joyful singing, beautiful flowers – and, of course, Easter Eggs for the young ones. Do join us.

George Doherty
On behalf of the PCC.

The Church Hall

The Church Hall is available for hire at very reasonable prices. A well equipped kitchen, adequate tabling, comfortable seats and toilet facilities for the disabled make it a suitable venue for birthday or Christening parties, society or club gatherings, quizzes and the like.

A car park is now available at the rear of the hall

For bookings or details of hire charges call 01872 520198 or 01872 520679

The Easter Ragman



A version of the Easter Story I find particularly challenging is the story of The Ragman by Walter Wagerin.

People come to The Ragman wearing worn out clothing, looking tired and weighed down. The Ragman replaces the tired old rags that the people who come to him are wearing. He replaces them with his own clean and smart clothes. The people who come to him have been damaged and hurt by life, weighed down by the strains and stresses of everyday living but the Ragman takes away the soiled and damaged clothing beyond repair and gives his own new and whole clothes for them to walk away wearing.

As the load on the Ragman increases he gradually descends into unconsciousness until he dies under the weight of all the soiled clothing he has taken on. He offered hope to people but this hope is lost in his death until suddenly in an aftershock he is transformed. There in the place of the weakened and trashed figure is a renewed ragman whole, clean and strong.

If we are willing to let Jesus Christ, the Ragman take our worn and soiled clothing, the things that weigh us down and prevent us living well, his strength can renew us for the journey ahead in life. If we are willing to leave our hurts and the things that damage us with him the Ragman will transform them into something more beautiful for him. The Easter message is that he can take their weight and bring new life and hope, to put a spring back into our steps.

This Easter join me as I turn out the old rags and rubbish before moving into retirement. It's been said that God doesn't do rubbish, he just recycles it and you will wonder why you haven't done it before. Thank you for being such a wonderful community supporting each other and my prayers that Christ, the Ragman will take the weight of our lives and carry us into whatever the future holds for each one of us.

Canon Lynda

You may like to light a candle, ponder a Palm Cross if you have one at home (or the picture above) and PRAY:

*True and humble King,
hailed by the crowd as Messiah:
grant us the faith to know you and love you,
that we may be found beside you
on the way of the cross, which is the path of glory.*

Amen

Worship Calendar for Holy Trinity Church, Tresillian

Priest in Charge: Rev. Canon Lynda Barley



A warm welcome awaits anyone who would like to come and join us for worship at Holy Trinity, usually at 11.15 am any Sunday morning. (Please note the exception shown below.)

Just follow the sound of the bells

Sunday, April 5 th	11.15 am.	Common prayer for Palm Sunday
Thursday, April 9 th	6.0 pm.	Iona Communion for Maundy Thursday
Sunday, April 12 th EASTER DAY	11.15 am.	Common Worship with Canon Lynda Easter egg hunt for the children.

Services continue through April – June.

See Holy Trinity pages on Tresillian Village website for any changes.

1940

This year we commemorate the 75th anniversary of VE Day; the end of the Second World War in Europe. It is also the 80th anniversary of The Day of National Prayer.

As virtually the entire British Army were trapped on the beach at Dunkirk, His Majesty King George VI called for a National Day of Prayer to be on Sunday the 26th May 1940.

Millions of people in the United Kingdom attended church that day. There were queues at Westminster Abbey.

Two events occurred in the days that followed: there was a violent storm over Dunkirk, grounding the Luftwaffe planes that had been bombing and strafing the trapped soldiers. Then there was calm in the English Channel the like of which had not been known in living memory, thus allowing hundreds of small boats to rescue 338,226 troops from the beach.

Sunday 9th June 1940 was declared a Day of Thanksgiving.



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